

## Upcoming Events

- February 16: Southeast Texas Crisis Preparation Expo; Little Cypress Baptist Church, 9 am—3 pm
- February 6, 13, 20, 27, March 20, 27, April 3, 10, 17, 24, May 1 & 8: Weight Management and Diabetes Prevention Classes; Baptist Orange Hospital, 5th floor classroom, 9 am—10 am
- February 5, 12, 19: Green Thumb Series: Plant a Vegetable Garden, St Mary Catholic School, 6 pm—8 pm
- February 5, 12, 19, 26: Do Well, Be Well with Diabetes classes; 5th floor classroom Baptist Orange Hospital; 9 am—11 am.
- February 25: Food Handler's Class, Mauriceville Community Center, 9 am—Noon
- February 26, March 5, 19, 26: Green Thumb Series #2: Plant Propagation and Botany, Mauriceville Community Center, 6 pm—8 pm.
- Texas Master Gardeners: 2nd Thursday of each month; 6:00 pm @ The Salvation Army Boys & Girls Club -Open to Public
- Texas Master Naturalist: On even months the meeting is on the 3rd Thursday, 6:30 pm, Open to Public,



# 2013 Do Well, Be Well with Diabetes



Diabetes Education Classes are for  
Adults with Type 2 Diabetes.

\$20 per person per series (scholarships available)

2 hour Sessions are held once a week for 4 weeks

**Tuesdays**

**February 5, 12, 19 & 26 (9 am to 11 am)**

**April 1, 4, 15 & 22 (11 am to 1 pm)**

**June 3, 10, 17 & 24 (9 am to 11 am)**

**September 16, 23, 20 & Oct 7 (9 am to 11 am)**

**Baptist Orange Hospital  
5th Floor Classroom**

**Pre-register by calling the  
Texas A&M AgriLife Extension Office  
409-882-7010 , before the desired class session**



# Southeast Texas Crisis Preparation Expo

February 16, 2013

9:00 am—3:00 pm

Little Cypress Baptist Church  
3274 Little Cypress Drive  
Orange, TX

[www.littlecypressbaptist.org](http://www.littlecypressbaptist.org)

Come and walk through the expo hall and see many different ways to prepare for a crisis or to work toward a sustainable lifestyle. Attend classes on specific subjects to get more detailed information on the how's and why's of crisis preparation. Go to the website for a partial list of topics since new things are being added each day.

We are working on three levels of preparedness. The first is the Homeland Defense recommendation of being prepared for 72 hours in case of a crisis. The second level is learning to grow food and create sources of clean water and adequate shelter. The third level is sustainability.

## Keys to the Courthouse

Counties play a major role in the administration of *justice* in Texas. Each county's justice system is based on the county's size. If counties need special help to investigate criminal matters they can call upon the Texas Rangers. These are the components of county law enforcement.

**Sheriff**—The sheriff is the chief law enforcement officer of the county. The office of sheriff was created by the state constitution and its duties are prescribed by the legislature.

These include:

- ♦ Operating the county jails
- ♦ Investigating crimes
- ♦ Making arrests
- ♦ Enforcing traffic regulations on county roads
- ♦ Serving writs
- ♦ Seizing property after judgment

Though the sheriff has countywide *jurisdiction*, most sheriff's departments concentrate their patrol and law enforcement activities outside city limits, usually leaving municipal police officers to patrol inside their own jurisdictions. The sheriff is elected every 4 years and is responsible for security in both the county and district courts.

Provisions from the American Disability Act will be considered when planning educational programs and activities. Please notify the Orange County Extension Office 5 days prior to event at 409-882-7010 if you plan on attending an Extension educational program and need specialized service. Educational programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, political beliefs or national origin. The Texas A&M AgriLife Extension Service, the U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

# Food Handlers class

Texas Department of State Health Services  
accredited food handlers program  
This class is recommended for all food service employees  
to help promote the service of safe food

The class is a basic overview of food safety practices that are necessary to ensure you serve safe food at your establishment such as but not limited to:

- Good Personal Hygiene
- Cross Contamination
- Time and Temperature abuse

**February 25, 2013**  
**Or**  
**May 21, 2013**  
**9 am to 12 noon**  
**\$20 per person/payable by**  
**check or cash the day of the**  
**class**

**Must Pre-Register!**

To PRE-REGISTER Call 882-7010

Classes will be held at the  
Mauriceville Community Center  
(Crawfish Festival Grounds)



# ***Grow Healthy Families- Plant a Vegetable Garden***

The Texas A&M AgriLife Extension Service is holding a series of classes called the Green Thumb Series. If you are interested in learning about vegetable gardening, then this is for you. You will leave the class with a knowledge of starting your garden, seeds, and some transplants that you started in the class. With today's economy, gardening is a great way to save money and to feed your family healthy foods.

*\$20 per person covers the classes and materials. (Scholarships available, but please call the office before the class.) Please call the Extension office if you are interested so we can plan for the class materials.*

**409-882-7010**

**St Mary's Catholic School  
2600 Bob Hall Rd, Orange, TX  
6:00 pm—8:00 pm**

## **Class Dates**

**Tuesdays**

**January 29, February 5, February 12, February 19**

## **Class Topics**

Sprouts, Shoots, and Roots

Planning and Preparing your Garden Area

Structures for Planting Year Around

Thrillers, Spillers, and Fillers-Container Gardening

Spice Up Your Life with Herb Gardening

# ***Plant Propagation & Botany***

*\$30 per person covers the classes and materials. (Scholarships available, but please call the office before the class.) Please call the Extension office if you are interested so we can plan for the class materials.*

**409-882-7010**

**Mauriceville Community Center  
(Crawfish Festival Grounds)  
6:00 pm—8:00 pm**

## **Class Dates**

**Tuesdays**

**February 26, March 5, March 19, March 26**

## **Class Topics**

Plant Categories & Plant Processes

Plant Parts and Functions

Flowers, Fruits, Seeds, and Germination

Environmental Factors

Plant Nutrition and Hormones

***Green  
Thumb  
Series***



# Orange County 4-H To Make the Best Better



*Marie Kenney, BSA, County Extension Agent 4-H/Youth Development  
makenney@ag.tamu.edu 409-882-7010*

The Major Livestock shows have begun with Ft. Worth Livestock Show and Rodeo being the first. Be sure to read this newsletter for all the local prospect shows that will take place in February and March. Participating in the prospect shows will give you a chance to see where you stand with your animal prior to the Majors and South Texas State Fair.

Here are the dates for the Majors and South Texas State Fair

Ft. Worth Livestock Show & Rodeo

January 18—February 9

San Antonio Livestock Show & Rodeo

February 7—February 24

Houston Livestock Show & Rodeo

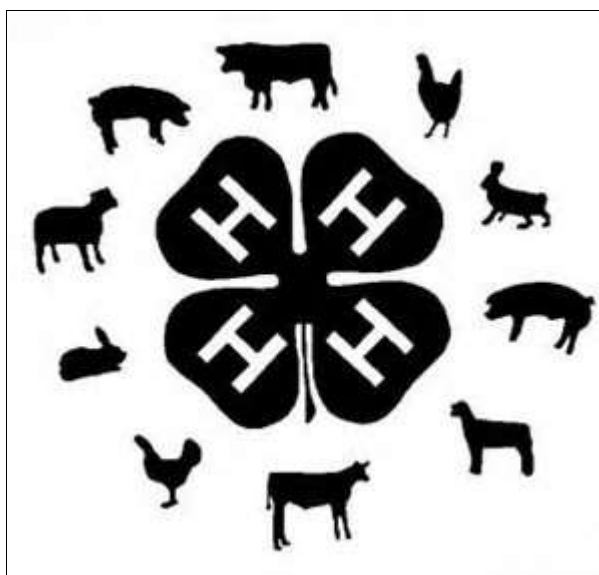
February 25—March 17

Star of Texas Livestock Show & Rodeo

March 8—March 23

South Texas State Fair—Beaumont

March 21—March 31



## 4-H LIVESTOCK NEWS

### Local Prospect Shows

Saturday, February 9, 2013

HJ Ag Youth Association 2nd Annual February Freeze Off

John Blair Pavilion Hwy 326 Kountze

Show in following order: Ring #1 Pig, Lamb and Goat Ring #2 Steer and Heifer

Check in 6 am—8 am for all species

Pig show starts at 9 am Steer show starts at 9 am Steers by division/weight

Heifers will be shown by division/DOB

Showmanship will be first for each species 60/40 Split \$5 entry fee payable at the gate

Pig showmanship starts at 8:30 am Steer showmanship starts at 8:30 am

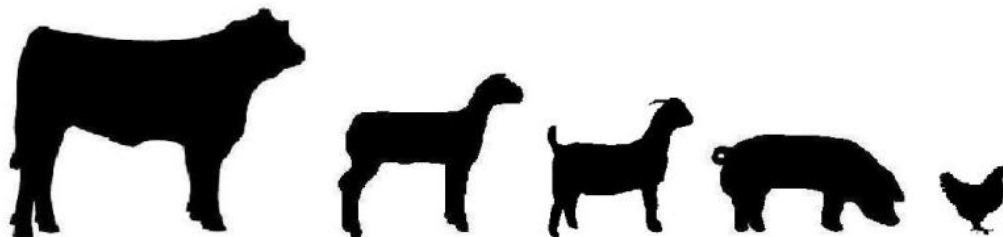
Buckles will be awarded for Grand and Reserve Champion in each species

Concession stand will be provided

Questions call Gary Floyd 409-651-3844

Paula Guajardo 409-781-8723

Ken Abney 409-284-9877





## 4-H LIVESTOCK NEWS

# Local Prospect Shows

**Saturday, February 16, 2013**

Deweyville Alumni Fun Festival & Livestock Show

Deweyville High School Hwy 12 Deweyville

Swine, Lamb and Goat Show (Non-Sanctioned) Entry Fee \$25

Check-In 7 am to 8:30 am Swine show—9 am

Swine Showmanship immediately following swine show, Goat show, Goat Showmanship, Lamb show

Buckles to Grand Champions, Duffle Bags to Reserve Champions and Ribbons to class winners

Jackpot Showmanship 100% payback for 1st Place

Senior Showmanship 14 & up Junior Showmanship 8-13

Entry fee \$5 at the gate Pee-Wee Showmanship 7 & under (\$6 will receive trophy)

Steer and Heifer Show (Non-Sanctioned) Entry Fee \$25

Check in 10 am to 11:30 am Steer Show at Noon

Heifer Show immediately following steer show then Showmanship

Buckles to Grand Champion, Duffle Bags to Reserve Champions and Ribbons to class winners

Jackpot Showmanship 100% payback for 1st Place

Senior Showmanship 14 & up Junior Showmanship 8-13

Entry Fee \$5 at the gate Pee-Wee Showmanship 7 & under (\$6 will receive trophy)

Food will be available. There will be a fundraising auction at 6 pm in the High School Cafeteria

Questions call: J.P. Davis 409-746-9747 or 409-988-4957

Mack Koonce 409-746-9023 or 409-670-8842

Jo Burke 409-746-2340

**Saturday, February 23, 2013**

2013 Jasper County Winter Bash

Jasper County Junior Livestock Arena

Steer and Heifer Show Lamb, Goat and Pig Show

Doors Open Saturday 6 am Books Open 7 am All animals must weigh in by 9 am

Showmanship will begin immediately after championship drives

\$25 Entry fee for Lambs, Goats and Pigs \$30 Entry fee for Steers & Heifers

Prizes awarded to all class, breed, and division winners

Showmanship Junior 13 & under Senior 14 & above

Early Entry Deadline February 5th

Enter on the day of the show (Cash Only) \$5 Late fee

Questions Call Keina McDaniel at bunayoungfarmers@att.net or 409-466-8580

Kristen Franz 409-782-5168

**4-H LIVESTOCK NEWS****Local Prospect Shows**

Saturday, February 23, 2013

**Orange County Livestock Show Association Spring Bash****OCLSA Show Barn off Highway 62 in Mauriceville****(Cohenour Road off Hwy 62 then left on Arnel)**

Show order will be Swine, Lambs, Goats, Steers then Heifers

Swine, Lamb and Goat	Check in 7 am to 8:30 am	Show Time	9 am
Steer and Heifers	Check in 10 am to 11:30 am	Show Time	12:30

Rules: Swine, Lambs and Goats are shown by weight

Steers shown by weight and breed

Heifers shown by age and breed

Overall Grand Champion receives belt buckle

Overall Reserve Champion receives Large Rosette

Showmanship 60/40 split \$5 entry fee paid at the gate

Concession stand provided Generators welcome

Entry Fee \$20 per animal Make checks payable to OCLSA

Entry fees will be accepted up until the end of check in

Questions call Tommy Harrington 409-504-5210

Jennifer McConnell 409-746-9727



## 4-H SHOOTING SPORTS NEWS

Orange County Claybuster 4-H has a new club manager, Wayne Walker. Mr. Walker is looking forward to a great year. Everyone is invited to attend the first meeting this year.....

6 pm Tuesday, February 12

Gun Club, 929 Liston Road, Orangefield

Also, Colby Buckle will be the new club manager for the 4-H Rifle Club. Anyone interested in being a part of Claybuster Shotgun or the Rifle Club can contact Wayne Walker 409-988-6003.



**4-H Shooting Sports**  
*Learn by Doing*

Saturday, February 9, 2013

1st Annual Madison County 4-H Shotgun Club Sporting Clays Blast

100 Bird Course at Able Ammo Range in Huntsville, TX

Format is 4 person Teams      Individual Shooters will be squaded to form a team

Early Entrants Eligible for Early Bird Rifle Drawing    \$125/Shooter      \$500/Team

4 Rifles to HOA Team      4 Yeti Roadies to RU HOA      4 Flats of Shells for 3rd

Lunch provided by M'Breaux's

Additional Information contact    Madison County Office 936-348-2234

Saturday, March 2, 2013

Fayette County 4-H Whiz Bang

Fayette County Gun Club, 5338 N Hwy 77 La Grange Texas

Events begin at 8 am. A preliminary shooting schedule will be e-mailed before the event.

Safety orientation will be given prior to your scheduled shooting event.

Registration fee \$85 for intermediate through Senior 2 classes (150 targets)

\$75 for Junior Class (125 targets)

Lunch will be available for purchase

Questions Contact    Kendall Hopkins 979-242-5705 or e-mail [hopkins\\_k@yahoo.com](mailto:hopkins_k@yahoo.com)

## 4-H SHOOTING SPORTS NEWS



**4-H Shooting Sports**  
*Learn by Doing*

### Saturday, March 2, 2013

Travis County 4-H Shooting Sports 2013 March Madness Invitational Shoot

Austin Rifle Club, 16312 Littig Road, Manor Texas

#### Entry Fee

\$35 for 3 events (except BB Gun)      \$5 for BB Gun match to be paid at event (equipment provided)

\$5 late fee per shooter      \$3 spectator fee per non-shooter over the age of 9 (waived for ARC members)

Registration deadline-Postmark by February 16, 2013. Open to any and all registered members of the Texas 4-H Shooting Sports program. Registration may be sent by email to [marchmadness@tc4hss.org](mailto:marchmadness@tc4hss.org) by February 16, 2013, but e-mail registration fees must be received by February 26, 2013

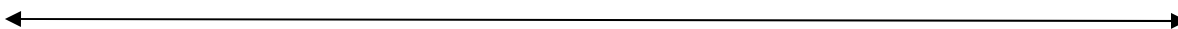
*You will receive a wristband once the waiver is collected. Wristbands must be visible at all times while on ARC property (adults and minors). Waivers are available on our club website at [tc4hss.org](http://tc4hss.org)*

**Rules:** All events will be run according to the standard Texas 4-H Shooting Sports rules, as used at the Texas State Shooting Sports Events. The match director will have final say in all disputes.

Schedules:	March 1	5pm	Camping area open for arrivals	
	March 2	7am	Check-In Preregistration begins	
		8am	Orientation-Everyone must attend	
	March 2	9 am	First event begins	March 2      6 pm Awards begin

Questions contact [marchmadness@tc4hss.org](mailto:marchmadness@tc4hss.org) or call

Terry Vaughn 512-853-0490 or Phyllis Gibich 512-844-5831



### Saturday, March 16, 2013

Brazoria County 4-H Whiz Bang

Greenwood Gun Club, 27602 FM 2004 Angleton

Registration 7 am      Mandatory Safety Orientation      8 am      Shoot begins 8:30 am

Trap, Skeet, Whiz Bang, 50 Targets in each event

HOA Award for each age class (Junior, Intermediate, Senior (S1) , Senior (S2)

Awards will be given for the top 3 places in each event for each age class

Lunch is provided for shooters

Concession stand will be available for non-shooters

Contact

Gerald Shelton, Shoot director 979-292-9466 or [gshelton@dow.com](mailto:gshelton@dow.com)

Brenda Spencer, registration director 979-201-6713 or [swimfin61@gmail.com](mailto:swimfin61@gmail.com)

For more information or directions      [www.ontarget4h.org](http://www.ontarget4h.org)

## 4-H SHOOTING SPORTS NEWS



**4-H Shooting Sports**  
*Learn by Doing*

### Saturday, April 6, 2013

Callahan County 4-H Novice Shotgun Shoot

Callahan County Shooting Range-Just South of FM 18 between Clyde & Baird

This Shoot is ONLY for 4-Her's NEW to 4-H Shooting Sports (First Year shooters or shooters with less than 300 targets in competition)

Entry Fee      Juniors \$60      Intermediate & Seniors \$70

Prizes to be awarded to Top 5 Places in each age group in each event

Registration Deadline April 1st

\$20 late fee for all entries received after April 1

Make Checks Payable to Callahan County 4-H Shooting Sports

Questions Call      Kevin Meier 325-655-7810



### Saturday/Sunday, April 13-14, 2013

Madison County 4-H Whiz Bang

Madison County Gun and Archery Club Madisonville Texas

Junior & Intermediate, (Shoot Saturday)      Senior I & Senior II and Novice I & Novice II (Shoot Sunday)

HOA and HOA Runner-up (Male & Female) Each day (Belt Buckle Award HOA and HOA Runner-up)

Check In 7:30am      Event begins 8:30 am      Safety orientation given prior to shooting each day

\$75 for Junior, Intermediate, Senior I and Senior II

\$45 for Novice I and Novice II

Lunch, Drinks and Snacks will be available for purchase

Contract:      D'Ann Rogers 936-349-6168 e-mail [drogers@madisonvilleisd.org](mailto:drogers@madisonvilleisd.org)

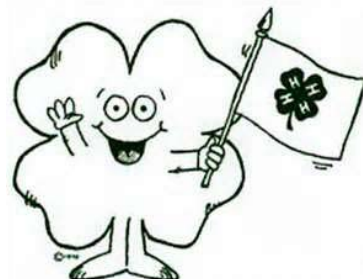
Registration forms and money must be received by March 29, 2013. Limited first 85 Shooters each day.

## **4-H CLUB NEWS**

### **Club Meeting dates and times**

#### **CLAYBUSTERS SHOTGUN SHOOTING SPORTS NEW CLUB MANAGER**

**February 12 6 pm  
Wayne Walker, Club Manager  
988-6003**



#### **MIGHTY PIRATES**

**2nd Tuesday of each month**

**FEBRUARY 12**

**Vidor Community Center**

**Kathy Hester, Club Manager**

**790-8835**

#### **DUSTY TRAILS**

**2nd Monday of each month 7 pm**

**February 11**

**Mauriceville Community Center**

**Jessica Mayfield, Club Manager 886-5906**



#### **NEW**

#### **4-H RIFLE CLUB**

**Interested contact**

**Wayne Walker**

**988-6003**



44<sup>th</sup> Annual Senior Citizen Rally Day "Mardi Gras"  
**2013 SENIOR CITIZEN OF THE YEAR**  
**NOMINEE FORM**

Nominee's Name \_\_\_\_\_ Male \_\_\_ Female \_\_\_

(Must be 60 or over)

Age \_\_\_ Address \_\_\_\_\_

Phone \_\_\_\_\_ Resident of \_\_\_\_\_ for \_\_\_ Years.

Closest Relative or Friend

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

*APPLICATION MUST BE ACCOMPANIED BY A WRITTEN SUMMARY OF  
THE NOMINEES SERVICE TO MANKIND. Examples:*

- 1. Nominee's participating in organizations that have provided a service to others  
And some service projects. Do not just list organizations. What did the nominee do?*
- 2. Assumed citizenship responsibilities and their contribution toward improving the community.*
- 3. Volunteer service (church, clubs, community, and fellowman).*
- 4. Describe outstanding leadership, service, achievements, and awards.*

Submitted by \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

Mail form to:  
**EXTENSION COMMITTEE ON AGING**  
**P. O. BOX 367, Orange, TX 77631-0367**

Winner will be recognized at the 44th Annual Senior Citizens Rally Day  
May 7, 2013

**DEADLINE FOR ENTRIES IS APRIL 16, 2013**

**\*Those submitting an application for a nominee must be willing to accept the judge's decision.**

Provision from the American Disability Act will be considered when planning educational programs and activities. Please notify the Orange County Extension Office 5 days prior to event at 409-882-7010 if you plan on attending an Extension educational program and need specialized service. Educational programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, political beliefs or national origin. The Texas A&M AgriLife Extension Service, the U.S. Department of Agriculture and the County Commissioners Courts of Texas Cooperating.



# Prediabetes: Am I at risk?

The Centers for Disease Control and Prevention estimates that 1 of every 3 U.S. adults had prediabetes in 2010. That is 79 million Americans aged 20 years or older. The vast majority of people living with prediabetes do not know they have it.

People with prediabetes have blood glucose (blood sugar) levels that are higher than normal, but not high enough to be diagnosed as type 2 diabetes and are more likely to develop type 2 diabetes, heart disease, and stroke.

If you have prediabetes, you are 5 to 15 times more likely to develop type 2 diabetes than people with normal blood glucose (blood sugar) levels. When you take steps to prevent type 2 diabetes, you also lower your risk for possible complications of diabetes such as heart disease, stroke, kidney disease, blindness, nerve damage, and other health problems.

Many factors increase your risk for prediabetes and type 2 diabetes. To find out more about your risk, see which characteristics in this list apply to you.

- I am 45 years of age or older.
- I am overweight.
- I have a parent with diabetes.
- I have a sister or brother with diabetes.
- My family background is African American, Hispanic/Latino, American Indian, Asian American, or Pacific Islander.
- I had diabetes while I was pregnant (gestational diabetes), or I gave birth to a baby weighing 9 pounds or more.
- I am physically active less than three times a week.

It is important to find out early if you have prediabetes or type 2 diabetes, because early treatment can prevent serious problems that diabetes can cause, such as loss of eyesight or kidney damage.

Find out if you could have prediabetes by taking the screening test on this page. If the test shows you could have prediabetes, talk to a health care provider as soon as possible.

If you are 45 years of age or older, you should consider getting a blood test from a health care provider for prediabetes and diabetes, especially if you are overweight.

If your test results indicate you have prediabetes you should enroll in an evidence-based lifestyle program to lower your chances of getting type 2 diabetes. Studies show that people with prediabetes can prevent or delay type 2 diabetes by losing 5% to 7% of their weight—that is 10 to 14 pounds for a 200-pound person. Weight loss should be achieved by making lasting lifestyle changes to improve nutrition and increase physical activity.

If your blood test showed you have prediabetes you should also have your blood glucose (blood sugar) levels checked again in 6 months to 1 year.





# ***The Five Minute Parent***

## **Fun & Fast Activities for You and Your Little Ones**

### **Adventures in Art**

Add vibrant color to everything in your life!

#### **Handprint Art:**

##### **Materials:**

- ♦ Construction paper
- ♦ Tempera Paint or finger paint
- ♦ Paper plate

##### **Directions:**

Pour a thin layer of paint onto a paper plate. Press your hand into the paint, covering the entire palm. Now press your hand onto a piece of construction paper. Be creative by making handprint turkeys for Thanksgiving; colorful butterflies; or a collage of hands.

#### **Tissue Paper Collage:**

##### **Materials:**

- ♦ Construction paper or coloring book pages
- ♦ Pencil
- ♦ Sheets of different colored tissue paper
- ♦ Glue

##### **Directions:**

First, draw a picture on the construction paper. For a faster project, or for much younger children, use a page from a favorite coloring book. Instead of coloring the picture with crayons, tear off bits of colored tissue paper, crumple, and glue the pieces to the picture.

\*\*\*Excerpt from the book "The Five Minute Parent" by Deborah Shelton

# **Nutritious Snacks**

## **For Kids!!**

### **Tuna Treats**

#### **Ingredients:**

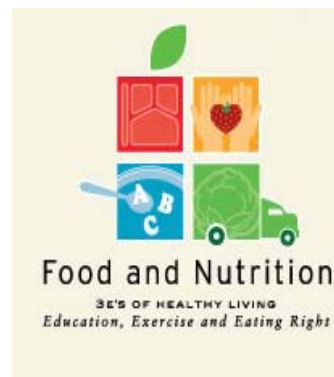
- ♦ 8 ounces tuna (water packed)
- ♦ 1 large egg
- ♦ 1 slice dry whole grain bread, crumbled (or 1/4 cup bread crumbs)
- ♦ 1/2 cup peas, frozen
- ♦ 1/3—1/2 cup grated cheese

#### **Equipment:**

- ♦ Mixing bowl
- ♦ Measuring cup
- ♦ Muffin tins

#### **Directions:**

1. Spray muffin tins with non-stick spray.
2. Mix ingredients; use a #8 scoop/disher and place into 8 muffin tins
3. Sprinkle with grated cheese
4. Bake at 350° for 15 to 20 minutes
5. Serve one muffin per child



TEXAS A&M AGRILIFE EXTENSION  
11867 Hwy 62 North  
Or  
PO BOX 367  
Orange, TX 77631  
Phone: 409-882-7010  
E-mail: orange-tx@tamu.edu

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## TEXAS A&M AGRILIFE EXTENSION

### IN THE FEBRUARY ISSUE:

- Upcoming Events
- Southeast Texas Crisis Preparation Expo
- Keys to the Courthouse
- Food Handlers Class
- Grow Healthy Families: Plant Vegetable Garden Classes
- Plant Propagation Classes
- **4-H News: Pages 5—12**
- Senior Citizen of the Year Nomination form for Rally Day
- Prediabetes: Am I at Risk?
- The 5 Minute Parent: Fun and fast activities for you and your little ones.

## White Chocolate Bread Pudding

### Ingredients:

- ♦ 2 bags of white chocolate chips
- ♦ 2 eggs
- ♦ 3/4 cup sugar
- ♦ 1 quart heavy whipping cream
- ♦ 1 teaspoon vanilla extract
- ♦ 1 loaf of French bread



### Directions:

1. Melt 1 bag of white chocolate chips with half of the whipping cream in the microwave at 1:30 increments until chips are completely melted, stirring in between each increment.
2. While chocolate is in microwave, break or cut up French bread into small pieces and place in a 9 x 13 pan.
3. Pour melted mixture over the bread.
4. Now melt the other bag of chips with the other half of the whipping cream the same way. Once melted and mixed well together, let it sit until the mixture has cooled to almost room temperature.
5. Add sugar, vanilla extract and eggs into this mixture of melted white chocolate chips and blend well.
6. Pour over bread. Bake at 350 degrees for 45 minutes. Enjoy!