

#### Orange County AgriLife Newsletter

September/October 2013

#### **Upcoming Events**

- Oct 5: Backyard Basics: Canning Jams
   Jellies, 9:00 am, Orange County
   Convention and Expo Center in the Extension Office.
- Oct 10 & 17: Certified Food Managers Course, Orange County Convention and Expo Center in the Extension Office, 9 am—4 pm
- Oct 12: Backyard Basics: Bee Keeping,
   9:00 am, Orange County Convention
   and Expo Center in the Extension
   Office.
- Oct 22, 29, Nov 5, 12: Green Thumb Series: Fruit & Nut Production, \*\*\*CEU's Offered\*\*\*, Orange County Convention and Expo Center in the Extension Office, 6:00 pm
- Oct 29: Southeast Texas Beef Symposium, Trinity Valley Expo Center, 321 Wallisville Rd, Liberty, TX, \*\*\*CEU's Offered\*\*\*, 1:00 pm
- Texas Master Gardeners: 2nd Thursday of each month; 6:00 pm @ The Salvation Army Boys & Girls Club -Open to Public
- <u>Texas Master Naturalist</u>: On even months the meeting is on the 3rd Thursday, 6:30 pm, Open to Public,



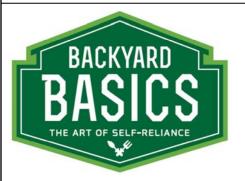


The Texas A&M AgriLife
Extension Office
Is moving to 11475 FM 1442
In the Orange County
Convention and Expo Center!

Enter the front door and we are through the door on the right!!







#### 2 CLASSES IN OCTOBER!

Canning
Jams & Jellies

Bee Keeping

See Page 4 for more details!!

### Farmers' Markets in Orange County!

### Orange County Farmers' Market

Wednesday

3:00 pm—6:00 pm Saturday

7:00 am-10:00 am

Big Lots Parking Lot MacArthur Drive Orange, TX If you have any questions call Jean Fregia 409-670-6121



Tuesday

3:00 pm

Saturday

8:00 am

If you have any

questions call

409-422-4184

2772 Hwy 12 Vidor, TX

## Keys to the Courthouse

#### **Elections and Voting:**

In a republic, final power rests with the people. One way citizens elect officials to make and administer laws and perform essential duties of the government. Most citizens of the Unites States have two Political rights: the right to vote and the right to be elected to office.

In Texas you must meet the following requirements in order to vote:

- You must be a citizen of the United States
- You must be a resident of Texas, of the county, of the municipality, and of any other political subdivision covered by an election.
- You must be at least 18 years of age on the day of the election.
- You must be registered to vote (as of 30 days before the election).
- You must not have been determined, by final judgment, to be mentally incapacitated.
- You must not have been convicted of a felony unless fully discharged or pardoned.

How do you register to vote? You may register to vote by completing a "Voter Registration Application" form. These are from your county voter registrar, the Texas Secretary of State's office, libraries, many post offices, and high schools. You may also register to vote when you apply for or renew a driver's license. There is no tax or fee to be paid and no test to pass. In Texas, the application is printed in both English and Spanish. Upon receiving a voter registration application, the county voter registrar will determine whether the applicant is qualified to vote. If the applicant is qualified, he or she will be mailed a voter registration certificate within 30 days from the date the county voter registrar receives the application. So if you want to vote in an upcoming election, you must register more than 30 days before the election.

If you move to a new address, even within the county, you need to update your registration. If you move to another county, you should re-register in the new county. Each voter is assigned to a precinct based on their place of residence. You will need to know your precinct number (which is on your voter registration card) in order to know where to vote.

Provisions from the American Disability Act will be considered when planning educational programs and activities. Please notify the Orange County Extension Office 5 days prior to event at 409-882-7010 if you plan on attending an Extension educational program and need specialized service. Educational program serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, political beliefs or national origin. The Texas A&M AgriLife Extension Service, the U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

## Green h U m Ser.ies



## TEXAS A&M GRILIFE EXTENSION



## Fruit & Nut Production (7 CEU'S Offered)

Oct 22, Oct 29, Nov 5, Nov 12 6:00 pm—8:00 pm Orange County Convention & Expo Center 11475 FM 1442, Orange, TX

#### **Topics include:**

Citrus

Berries

Pecans/Walnuts

Grapes & Figs

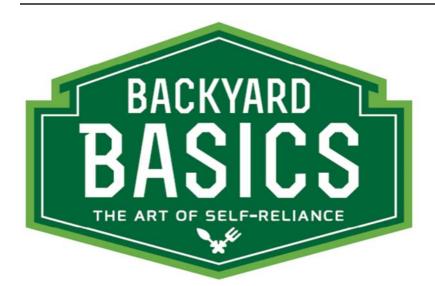
Stone Fruit



\$30 per person per series covers all classes and materials. Please call the Extension office if you are interested so we can plan for the class materials.

409-882-7010

For additional information visit our website
Orange.agrilife.org



## Classes in October!

Backyard Basics programs support healthy living through home-based food production, preparation and preservation.

## Canning Jams & Jellies

October 5, 2013 \$20 Saturday 9:00 am

### Bee Keeping

October 12, 2013
FREE!!!
Saturday
9:00 am

Please call the Texas A&M
Extension Office at
409-882-7010 if you are
interested so we can plan
for the class materials.

Orange County
Convention and
Expo Center
11475 FM 1442
Orange, TX

## Orange County 4-H To Make the Best Better



Marie Kenney, BSA, County Extension Agent 4-H/Youth Development makenney@ag.tamu.edu 409-882-7010

#### **MIGHTY PIRATES**

2nd Tuesday of each month next meeting, October 8 Club meets at the Vidor Community Center Kathy Hester, Club Manager 790-8835

#### **DUSTY TRAILS**

Meets the 2nd Monday of each month next meeting October 14 at 7 pm Club will meet at the 4-H Office on Hwy 1442. 4-H Office 882-7010

#### CLAYBUSTERS SHOTGUN SHOOTING SPORTS

Meets the 1st Tuesday of each Month at 5:30 with shooting practice at 6 pm Club meets at the Orange Gun Club. John Bilbo, Club Manager 779-1115

#### Time to Enroll for the 2013-2014 Year

The new year enrollment begins with the "early bird" registration on August 15—October 31. During the 'early bird' registration the enrollment fee is \$20 per child and after October 31 the fee will be \$25 per child. There is no enrollment fee for Clover kids age 5-8. Minimum age requirement for enrollment is 8 years of age and in the 3rd grade by August 31, 2013.

Enrollment is done on 4-H Connect website https://texas.4honline.com/Login

RETURNING Members/Families—PLEASE DO NOT set up a new account. Go to your existing account and update.

NEW Members/Families – Please follow the steps on 4-H Connect to enroll.

Adult volunteers will also complete their enrollment with their child on the same account. Adult Volunteer enrollment is \$10 per adult for the background screening. Any adult who will be helping with the 4-H children in any way must complete the Volunteers form.

If you do not have access to a computer to enroll, NO PROBLEM. Your club manager and the 4-H office has the enrollment forms available for you to complete. You will turn in your form along with your payment made out to Orange County 4-H, to your club manager. The 4-H office will complete your enrollment on 4-H Connect.

No member/family will be turned away from joining 4-H due to finances. Scholarships are available. Any question, please feel free to contact the 4-H office 409-882-7010. We are here to help.

# Lambs, Goats, Swine and F1 Heifers Tag Orders for South Texas State Fair Beaumont Deadline October 4 Call 4-H Office 882-7010





If you plan to show an animal or participate in a Major Livestock Show or State Fair Livestock Show, you must have a quality counts number.

Some 4-H members who have taken the Junior Verification Exam are expiring this summer and will be classified as a Senior. You will need to take the Senior Exam in order to stay verified through Quality Counts.

http://qualitycounts.tamu.edu



#### Orange County Livestock Show Association Fall Bash Prospect Jr. Breeding Heifer Show

#### October 19, 2013 Mauriceville Fairgrounds off Highway 62 in Mauriceville

Heifer Show Will Start at 12:00 Noon Check in for Heifers will be from 10:00am until 11:30am Rules:

Heifers shown by age and breed
Please make checks payable to Orange County Livestock Show Association
Post Office Box 1084
Vidor, Texas 77670-1084

Overall Supreme Heifer Belt Buckle Concession Stand Will be provided

Generators are welcome

Showmanship

Junior Belt Buckle Senior Belt Buckle

#### Heifer Classes

American, English and Exotic Heifer Age Classes:

Class 1- 0-6 months

Class 2- 7-12 months

Class 3- 13-18 months

Class 4- 19-24 months

Class 5- 24 months and up

Large Rosettes for Breed Champions

Questions about the show contact

Jennifer McConnell (281) 793-3364

*Or* Leisa Miller (409) 883-8515

<i>y</i>		
Name:		
Addres:		
Phone:		
4-H Club/ FFA Chapter:		
Breed:	Age:	
E-Mail Address:		



### 2013 Orange County Junior Art Show at the Orange County Livestock Show

Exhibition and Awards Saturday, October 19 Mauriceville Crawfish Festival Grounds

Enter your work of art in the 2013 Orange County Junior Art Show and see it displayed at the Orange County Livestock Show! Prizes will be awarded. Open to all students grades K through 12 living in Orange County.

The Orange County Junior Art Show is open to all youth residents of Orange County that are 5 years old and in Kindergarten to 18 years old and in 12th grade. The contest is open to students enrolled in public or private school, and those that are home schooled.

Art must be 2-dimensional and 10 x 12 inches or smaller. Art must be matted or backed with paper, not to exceed 12 x 14 inches.

Art that thematically relates to agriculture or livestock is encouraged.

Art will be displayed at the Orange County Livestock Show at the Mauriceville Crawfish Festival Grounds, on Saturday, October 19, 2013. Awards will be announced at the Orange County Livestock Show Association Show Barn at approximately 6:00 - 7:00 p.m..

There is no entry fee for the contest. Each student may enter only one work of art.

Fill out the entry form below, attach it to the work of art, and mail or deliver it to the address below by 5 p.m. Wednesday, October 9.

Odiles Interior, c/o Jennifer McConnell

2238 MacArthur Drive, Orange, TX 77630 (in the Big Lots shopping center)

Art will be judged by Stark Museum of Art docents. For complete details on eligibility and judging criteria, please see Contest Rules.

	2013	Orange	County	Junior	Art Sh	ow Entry	Form
1					0 1		

Student Name:	Age: Grade:	School:
Student Address:	Town:	Telephone:
Teacher Name:	Email:	Telephone:

Contact: For more details, contact Jennifer McConnell, 409-746-9727, mcconnelljks@yahoo.com



Participants attend two day classes that prepare and certify them for coaching their local 4-H Shooting Sports project.



The trainings teach participants the basics and history of 4-H, risk management procedures, range safety and regulations, proper practices for coaching youth audiences, and disci-

pline specific aspects of shooting sports. Discipline certifications offered at each training include: archery, pistol, rifle, and shotgun. When: November 9-10, 2013 Where: Tom LeRoy Education Center, Conroe Texas.

Cost: \$120

Registration: 4-H CONNECT Deadline: October 18, 2013

TEXAS A&M

**EXTENSION** 

The agenda will cover all day on Saturday and Sunday moming until noon. Saturday noon and supper meals will be provided and are included in the registration. Must be an enrolled 4-H Volunteer.



Texas A&M AgriLife Extension

Montgomery County 9020 Airport Rd. Conroe, Texas 77303 (936) 539—7823

Hosted by Montgomery County 4-H



Tractor Supply Company Supports 4-H.

Please Purchase a Clover at the

Orange Tractor Supply Company

And Orange County 4-H benefits.

THANK YOU



Sponsored by the Texas A&M University Livestock Judging Team. A TJLA sanctioned judging contest.

#### November 16, 2013 ■ Louis Pearce Pavilion ■ College Station

#### **OPEN TO ALL 4-H AND FFA MEMBERS**

Three Age Groups - Ages as of 9/1/13:

Sub-Junior: Ages 8-11 Junior: Ages 12-14 Senior: Ages 15 & Up

#### **Team Competition:**

4 members/team (Judge 4, count 3)

#### Contest:

Scantrons will be provided.

- 3 Cattle Classes (1 Performance)
- 2 Swine Classes
- 3 Sheep/Goat Classes
- 15 Questions (5 questions on 1 class from each division)

#### Schedule:

7:30 a.m. - Registration 9:00 a.m. - Contest Begins 1:30 p.m. - Contest Awards

#### **Entries:**

All participants can enter at http://www.judgingcard.com.

Pre-entries (\$15/individual) are due October 25 Late entries (\$20/individual) after October 25

#### Awards:

High individuals in each age division will win belt buckles!

Awards will be presented to the top 10 individuals and top 2 teams in each age division!

Be part of the Tradition.



2013 Livestock Judging Team Champions Fort Worth Stock Show



2013 Livestock Judging Team Champions San Antonio Stock Show and Rodeo

For more information, contact Brant Poe at brant\_poe@tamu.edu or call (979) 845-6059.

#### 4-H Food Challenge

The 4-H Food Challenge is a contest that allows 4-H members to demonstrate their culinary knowledge and skills. From a set of predetermined ingredients provided, teams of 3 to 5 4-H members must develop a recipe and prepare the dish within 40 minutes. Teams then make a presentation to a judging panel, explaining the preparation steps, serving size, food safety concerns, nutrition value and cost of the dish.

Let your club manager know if you are interested in the food challenge or contact the 4-H office.

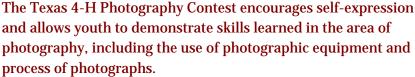
#### 4-H Food Show

The 2013-2014 Food Show will have new categories and a theme. The categories are: Protein, Fruits & Vegetables, Grains & Dairy. The theme will be budget wise recipes. The 4-H Food Show gives youth the opportunity for educational and personal

development and recognizes members who excel in the 4-H Food and Nutrition Projects. The Food show is an individual contest in which a 4-H member prepares a dish in one of the contest categories and presents it to a panel of judges. During the presentation and interview with the judges, 4-H members exhibit

> the knowledge and skills gained through the 4-H Food and Nutrition Project, such as preparation steps, nutrients found in the dish, the functions of various ingredients, personal dietary needs, healthy substitutions, and cost analysis.

Let your club manager know if you are interested in the food challenge or contact the 4-H office.



#### The Objectives include:

To develop life skills in composition, light, story line, posing, and awareness.

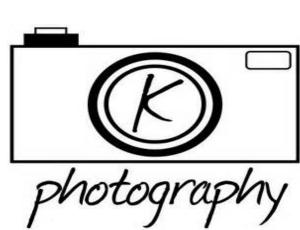
To encourage 4-H members to use photography as a meaningful communications tool in their lives.

To provide photography project showcase opportunity for senior 4-H members.

To continue to share the message of 4-H

To utilize photographs which can promote and strengthen the 4-H program.

Let your club manager know if you are interested in photography or contact the 4-H office.



#### ADVOCATING FOR SENIORS IN THE GOLDEN TRIANGLE

There are 25 long-term care facilities in Jefferson, Orange, and Hardin counties which are homes to approximately 2100 seniors and persons with disabilities. These are individuals who are no longer able to live independently in their own homes because they need assistance with the day to day activities of daily living and medical attention.

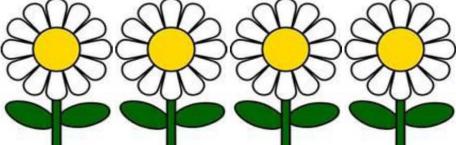
Moving into a nursing home or assisted living facility can be challenging, filled with uncertainty over the changes ahead. A different routine, new environment, strangers – these and other unfamiliar factors can all create a sense of anxiety. However, it is important to know that this move does not take away the many rights these individuals continue to enjoy. This is where the Texas Long-Term Care Ombudsman Program becomes invaluable. An Ombudsman is a volunteer who is specially trained and state certified to advocate for quality care in nursing homes and assisted living facilities. Ombudsmen are dedicated to enhancing the lives of residents to continue a life of dignity, respect, choice and as much independence as possible. Further, the Ombudsman is available in the event a resident is experiencing a problem or complaint that has not been resolved. If a move into a long-term care setting is being considered, an Ombudsman can share information about the process and what to expect.

While the main responsibility is to advocate for a resident's rights and quality care, a good deal of time is spent simply visiting. That's a rewarding aspect of the job because according to the Texas Department of Aging and Disability Services, approximately 60% of nursing home residents in Texas have no immediate relatives or regular visitors. An Ombudsman can be a welcome, friendly sight for them.

The Area Agency on Aging of Southeast Texas oversees the Ombudsman Program for Orange, Hardin and Jefferson counties. The Agency is in need of dedicated, caring volunteers willing to provide Ombudsman services in an assigned facility. Prospective Ombudsmen participate in 32 hours of initial certification training which includes classroom training, internship, and self study. Upon completion, volunteers are certified through the State of Texas and given assignment to a nursing facility where they are asked to visit a minimum of 2 hours weekly. Volunteers must be at least 18 years of age.

If you are interested in finding out more about volunteering or have questions about the program, please call Nancy Kendall at 409-924-3381, ext. 6253. You can make a big difference in the lives of many individuals here in your community.





## Certified Food Manager



October 10 & 17

or

November 7 & 21

Two-Day Certification Course

This hands-on food safety course will equip you with the latest in

- Food safety principles & practices
- Prepare you for the National Certified
   Food Manager Examination

Orange County Convention and Expo Center 9 am to 4 pm

- \$125 per person includes
- \* 2-day course
- \* national certification examination,
- \* course book & all course materials

Must Pre-Register by going to the website below, print out the form, and mail to the address on the form before class registration deadline http://foodsafety.tamu.edu/

October class registration deadline SEPTEMBER 23, 2013 November class registration deadline OCTOBER 21, 2013

Prepare for the National ANSI Certified Professional Food Manager Exam by taking one of our courses. All courses are taught by Instructors accredited by the Texas Department of State Health Services and have completed additional requirements from the Texas A&M AgriLife Extension Service. For additional information or questions call
Orange County Extension Office at
409-882-7010

#### The Five Minute Parent

### Fun & Fast Activities for You and Your Little Ones

#### **Adventures in Art**

Add vibrant color to everything in your life!

#### **Chemical Balloon:**

#### **Materials:**

- Clean soda or juice bottle (glass)
- ♦ 1 balloon
- Small funnel
- Vinegar
- Baking soda

#### **Directions:**

Use the funnel to pour 2 tablespoons of baking soda into the bottle. Now pour in roughly 1/3 cup of vinegar. Put the balloon over the mouth of the bottle fast! Swirl the bottle just a bit to get things started. Vinegar mixed with baking soda produces CO2 (carbon dioxide gas), which fills the balloon.

#### **Wave Maker:**

#### **Materials:**

- Clear plastic soda or water bottle (2-liter works best)
- Small funnel
- Food coloring (2 different colors)
- Vegetable oil
- Water
- Electrical tape
- Glitter (optional)

#### **Directions:**

Use the funnel to fill the bottle half way full with water. Add 3-4 drops of each color of food coloring. Add a few pinches of glitter (optional). Use the funnel to fill the rest of the bottle with vegetable oil. Screw the cap on AS TIGHT AS POSSIBLE. Wrap the cap with electrical tape to prevent small leaks. Gently rock and tilt the bottle from side to side to create waves!

\*\*\*Excerpt from the book "The Five Minute Parent" by Deborah Shelton

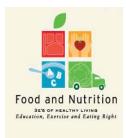
## For Kids!! Fruit Kabobs & Yogurt Dip

#### **Ingredients:**

- ◆ 4 cups fresh, frozen, or canned fruit in natural juice (apple, bananas, cantaloupe, cherries, grapes, honeydew melon, peaches, pineapple, strawberries, watermelon)
- 8 ounces yogurt, plain or vanilla (low fat)
- 2 tablespoons frozen orange juice concentrate
- ♦ 1/2 teaspoon cinnamon

#### **Equipment:**

- Knives
- Cutting boards
- Toothpicks or skewers
- Mixing spoons
- Measuring spoons
- Mixing bowls



#### **Directions:**

- 1. Clean fresh fruits and remove seeds, pits, etc.
- 2. Cut fruit into 1/2 inch squares or use a melon baller
- 3. Arrange fruits attractively on a platter
- 4. Choose at least five pieces of fruit and place on skewer or toothpicks (may need more than one)
- 5. Mix yogurt, orange juice and cinnamon
- 6. Serve one fruit kabob with 1 ounce of yogurt dip.

TEXAS A&M AGRILIFE EXTENSION

11867 Hwy 62 North

Or

PO BOX 367 Orange, TX 77631 Phone: 409-882-7010

E-mail: orange-tx@tamu.edu

Non-Profit Org. US Postage PAID Orange, TX Permit #12

Return Service Requested





#### IN THE SEPTEMBER/OCTOBER ISSUE:

- Upcoming Events
- Farmers' Markets in Orange County
- Keys to the Courthouse
- Green Thumb Series: Fruit & Nut Production
- Backyard Basics Classes in October
- 4-H News: Pages 5—12
- Certified Food Managers Classes
- The 5 Minute Parent: Fun and fast activities for you and your little ones.
- Nutritious Snacks for Kids!!

#### **Taco Pizza**

#### **Ingredients:**

- ♦ 1 lb. ground beef
- ♦ 1 envelope taco seasoning mix
- ◆ 2 (8 oz.) cans Pillsbury crescent rolls
- ◆ 1 (16 oz.) can refried beans (I used the jalapeño kind)
- 2-3 cups shredded cheddar cheese or Mexican blend
- ♦ 1/2 cup chopped tomatoes
- ♦ 1/4 cup sliced black olives
- 4 green onions, chopped

#### **Directions:**

- 1. Heat oven to 375 degrees.
- 2. Brown ground beef and drain. Add taco seasoning to the ground beef according to the package directions.
- 3. Unroll crescent rolls into rectangles. Place in ungreased 11 1/2 inch x 16 1/2 inch jelly roll pan or cookie sheet. Press dough over the bottom and 1/2 inch up sides to form crust. Bake at 375 oven for 11 to 13 minutes or just until golden brown.
- 4. Microwave beans in a microwave safe bowl for 1 minute. Carefully spread beans over warm crust creating a thin layer.
- 5. Top with cooked beef mixture, sprinkle with cheese followed by tomatoes, black olives and green onion. Return to oven for 3-6 more minutes until cheese is melted. Serve immediately. Makes 12 main dish servings or 48 appetizers.