

TEXAS A&M AGRI LIFE EXTENSION

County Extension Agents

Fallon Foster
Family & Consumer Science

Christina Ritter
4-H/Youth Development

Ashlee Krebs
Agriculture/Natural Resources



County Judge
Brint Carlton
Commissioner Precinct 1
David L. Dubose
Commissioner Precinct 2
Barry Burton
Commissioner Precinct 3
John W. Banken
Commissioner Precinct 4
Jody E. Crump



Look for us at
Texas A&M AgriLife
Extension—Orange County

Orange County AgriLife Newsletter

June 2016



June 19th

Have a "Safe" July 4th!



Thanks to all who have served our great nation!

AgriLife Extension will be closed, Monday, July 4th

47th Annual Senior Citizens Rally Day

*See you
Next
year*



Kiwanis helped served lunch



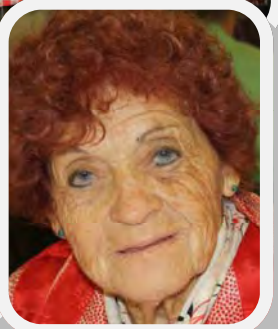
Entertainment-Brit Goodwin



Enjoying Bingo



Committee on Aging—the ones who bring this event together! Thank you!!!



Kids Beginners

SEWing



July 18-20, 2016

9 am to 12 noon \$10 per person

Register Now

Payment Deadline Friday, July 8th

2-day sewing camp

- Basics of the sewing machine
- Different types of fabrics and their reactions
- Basic hand sewing



TEXAS A&M
AGRI LIFE
EXTENSION

**For more information or to sign up contact the
Texas A&M AgriLife Extension Office 409-882-7010**

Walk & Talk

Thursdays

June 23, 30, July 7, & 14

8:30 am

Raymond Gould

Community Center

385 Claiborne St

Vidor, TX

Call 409-882-7010 to RSVP



Come join us to walk and talk about fitness and healthy eating. We will be moving inside after the walk to cook and prepare various fruits and vegetables. You'll receive recipes and prizes to take home to help with your preparation.

Kids Welcome!



**BETTER LIVING
FOR TEXANS**
TEXAS A&M AGRILIFE EXTENSION



USDA is an equal opportunity provider and employer. This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP.

The Better Living for Texans and Supplemental Nutrition Assistance Program (SNAP) provides nutrition assistance to people with low income. It can help you buy nutritious foods for a better diet. Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, color, sex, religion, national origin, age, disability, genetic information, or veteran status.

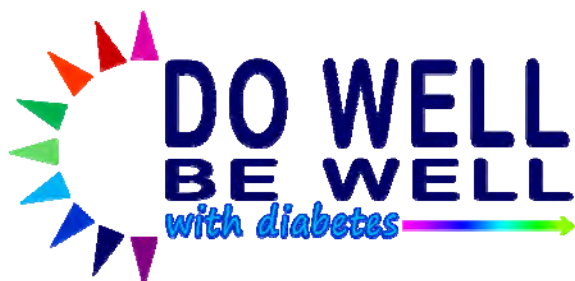
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Do you enjoy working with kids?

Do you enjoy cooking?

Then this volunteer opportunity is for you! Texas A&M AgriLife Extension is looking for volunteers for our Youth Cooking Camp which will be held June 13 – 17, 10 am to 2 pm. Volunteers will be supervising the children as they cook. If you are interested or have further questions, please call the Extension office at 882-7010.



Classes for Adults with Type II diabetes will be held at the Mauriceville Community Center August, 16, 23, 30, September 6 & 13th 2 pm to 4 pm on Tuesdays for 5 weeks. It is important to attend all 5 classes to receive the full educational benefit. Interested in participating call the Extension office at 882-7010.

Attention all Food Service Manager's

Do you still need to take your Certified Food Manager Course and Exam? Here is your chance.

A 2-day training/exam will be held August 24th and 25th from 9 am to 4 pm at the AgriLife Extension Office Orange. You must go online to <http://foodsafety.tamu.edu> to print out the pre-registration form and send to the address on the form along with payment of \$125 prior to deadline date.



Notice: deadline date to register is August 2nd.

Attention Food Service Employees

August 11th will be your chance to receive your Food Handlers Certificate. Class will be held at the AgriLife Extension Office Orange beginning at 2 pm. Cost is \$20 per person and is payable by cash or check the day of the class. To register call 882-7010.



Youths Ages 5—8

August 8th - August 10th

1 pm to 4 pm

Texas A&M AgriLife Extension

4-H Office

11475 FM 1142 Orange

Registration Fee of \$15 per child
due by July 25, 2016



Day Camp Adventures



Gardening



Making Friends



Sewing

Come experience the fun of what 4-H has to offer for the 4-H clover member. FUN, FUN, FUN!

Cooking



Animals



**TEXAS A&M
AGRI LIFE
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If you would like to be a part of our exciting camp, call the 4-H office 882-7010.

June 4-H Meetings



Adult Leaders Association & County 4-H Council

June 6th @ 7 pm

4-H Office

ALL Adults & 4-H Members Welcomed

Mighty Pirates 4-H

June 14th @ 7 pm,

Raymond Gould Community Center Vidor

Dusty Trails 4-H

Will not meet again till

August 8th @ 7pm

4-H Office

Enjoy your Summer!

All HEARTS 4-H (Homeschool)

June 16th @ 1 pm

Claiborne Park

Clay Busters 4-H Shooting Sports

Each Tuesday @ 6 pm

Orange Gun Club

Boots and Bridles 4-H Horse Club

June 20th @ 6 pm

T2 Arena



Monthly Project

Meetings



4-H Horse

Judging Practice

Wednesdays

5:30 @ 4-H Office



Become comfortable giving presentation , join us

June 27th

6 pm @ 4-H Office

4-H Sewing Workshop
is going GREAT!

If you love sewing and would like to join 4-H and be a part of this group, call the 4-H office

882-7010.

We meet the

4th Tuesday of each month.

June 28th

6 pm @ 4-H Office



Important Livestock Dates to remember !!!!



JUNE

Swine for Dallas State Fair and Heifers & Steers for Majors will be validated this month. You will be contacted directly.

JULY

Get With Your Club Manager BEFORE July Steer tag orders for South Texas State Fair—Beaumont

Tag fees need to be paid to your club manager.

**Orange County Livestock Show
October 7-8, 2016**

TAG-IN—JULY 9th

At the Orange County Livestock Barn (lambs, goats, swine and poultry orders).

Must attend tag in to complete paper work for poultry order.

Chickens ordered in a minimum order is 10 with increments of 5.

Pick up Birds on August 12th at the AgriLife Extension Office.



We would love for you to be a part of OCLSA

We meet the 1st Monday of each month

7 pm

OCLSA Barn or AgriLife Office

(depending on weather)

Barn is located on Arnel Road in Mauriceville.

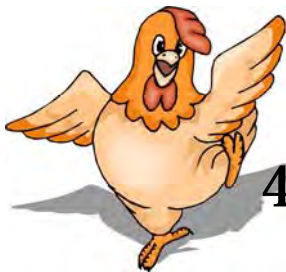
Take Cohenour off Hwy 62 then first left and the barn will be down on the left.

Let us know if you want to be added to the OCLSA meeting email notification list -882-7010.

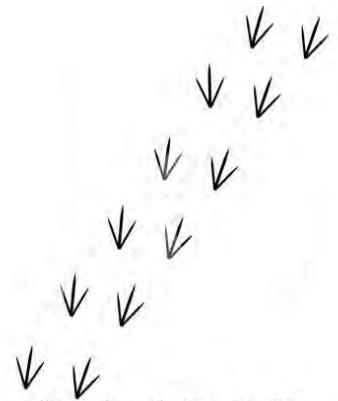
**4-H Livestock
Swine Project Workshop
Thursday, June 16th
6 pm to 8 pm
4-H Office**



**4-H Livestock
Lamb & Goat
Project Workshop
Thursday, June 30th
6 pm to 8 pm
4-H Office**



**4-H Livestock Poultry
Project Workshop
Tuesday, August 2nd
6 pm to 8 pm
4-H Office**





Orange County 4-H/FFA Members

If you are interested in obtaining your OCLSA tickets for the Custom Process 1/2 of Angus Beef Steer donated by Daigle-Guillory Angus & Nance's Meat Processing before July's tag-in, here is what you must do...

You will need to contact in person a NEW prospective buyer , complete the form on page 11, turn in to the AgriLife office and you will receive your tickets.

Each member is able to receive the max of 200 tickets. These tickets are \$5 each and 100% of the proceeds you sell will be given back to you. This is an opportunity for you to earn \$1,000 towards your project.

Tickets will be available OCLSA tag-in in July

ORANGE COUNTY YOUTH LIVESTOCK SHOW ASSOCIATION 2016 New Prospective Buyer Form

Name of business or Potential Buyer: _____

Address: _____

Phone number: _____ Email: _____

Contact person: _____

Brief description of business:

Did you give Prospective Buyer a OCLSA pamphlet? _____

Did you tell them about your livestock project for this year? _____

Did you tell them about the Prospect Show in February? _____

Did you tell them about our Fall show in October? _____ Where the show barn is located in Mauriceville _____

Did you tell them about the Buyers' Dinner and invite them to be a Buyer? _____

Did you give them a phone number or way to contact you if they have any questions? _____

Your name: _____ Parent/Guardian: _____

Club affiliation: _____ Livestock project: _____

Address: _____

Phone number: _____ Email: _____

If you visit a business or potential buyer and complete this form you will be able to receive your tickets for the beef drawing early to allow you more time to sell them and make the most money possible for your project. Turn this form into your club leader or drop it off at the Agri-Life Extension Office on FM 1442.



Orange County 4-H

Clay Busters

Shotgun Sports

State Shoot Fundraiser

Selling chances for Winner's Choice to pick their favorite gun out of the 40 listed below

Chances are \$5 each or 5 for \$20

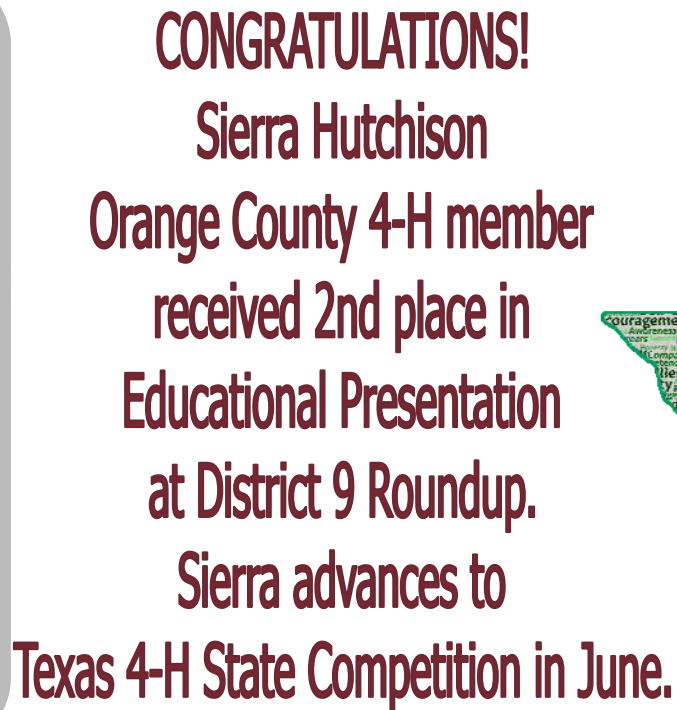
Drawing will be held July 12, 2016

2016 DU GREAT GUN GIVEAWAY DUCKS UNLIMITED

 Stoeger Model 3000 Field Walnut 12 Gauge - 3" - Auto	 Brownings BPS Hunter 12 or 20 Gauge - 3" - Pump	 Savage Arms Axis XP with Scope 20-250 or .223 - Camo/Black	 Ruger American Predator .223 or .308	 Brownings A-Bolt III Hunter .308 or .30-06
 Stoeger M3020 Camo 20 Gauge - 2" - Auto	 Remington 670 Super Mag Bottomland Camo 12 Gauge - 3.5" - Pump	 Savage Arms A17 Auto with Simmons Scope .17 H&R	 Tikka T3 Lite 22-250 - Blued/Synthetic	 Ruger American Rifle w/ Redfield Scope .270 or .30-06
 Benelli Nova Max5 Camo 12 Gauge - 3.5" - Pump	 Remington 870 Sportsman Field 12 or 20 Gauge - 3" - Pump	 Henry Golden Boy Octagon Barrel .22 LR or .17 H&R	 Weatherby Vanguard2 20-06 or .300 Weatherby	 Remington 783 Bolt with Scope .343 or .378
 Stoeger Condor Over-Under 20 Gauge or 410 Gauge - 3"	 Stoeger Model 3000 Camo 12 Gauge - 3" - Auto	 Pumpkin Tactical .22 with Red Dot Sight AR Semi-Auto	 Pro Hunter FX Muzzleloader 30 Cal.	 Brownings A-Bolt III Stalker .343 or .378
 Sears Roebuck CCP Auto 9mm	 L&L VP40 Auto 40 SW	 Sears Roebuck XD 9mm	 M&P Shield 9mm or .40	 Taurus Judge Stainless Mag 45 Colt / 410 Ga.
 Sears Roebuck PK380 Auto 380	 B&K G43 Compact Auto 9mm	 Sears Roebuck XDS 40 or 9mm	 Bodyguard 380 w/ Laser	 Ruger Blackhawk 45 Colt
 Sears Roebuck LCR 380	 Ruger LCR 380	 Ruger LCR 380	 Ruger LCR 380	 Ruger LCR 380
 S&W P250 45	 S&W P238 380	 S&W P238 380	 S&W P238 380	 S&W P238 380
 S&W P238 380	 S&W P238 380	 S&W P238 380	 S&W P238 380	 S&W P238 380

WINNER'S CHOICE! PICK YOUR FAVORITE GUN! CHOOSE FROM THESE 40 GUNS!

Tickets can be purchased from any Clay Buster 4-H member or call the Club Manager, John Bilbo, 882-4284 to purchase Tickets



4-H is a **community** of **young people**
 **across America** who are learning
leadership, citizenship and **life skills.**

A young woman, Vanessa Davis, is smiling and holding four certificates of achievement. She is wearing a green shirt with a white graphic. The certificates are from the "2014-2015" season and are awarded to her. The certificates are for "1st Place", "2nd Place", "3rd Place", and "4th Place". The certificates are blue and white with a gold border. The background is a plain, light-colored wall.

Check out the new nutrition labels

NEW LABEL / WHAT'S DIFFERENT

Servings:
larger,
bolder type

Serving sizes updated

Calories:
larger type

Updated daily values

Actual amounts declared

New: added sugars

Change in nutrients required

New footnote

Nutrition Facts	
8 servings per container	
Serving size	2/3 cup (55g)
Amount per serving	230
Calories	
% Daily Value*	
Total Fat 8g	10%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 37g	13%
Dietary Fiber 4g	14%
Total Sugars 12g	
Includes 10g Added Sugars	20%
Protein 3g	
Vitamin D 2mcg	10%
Calcium 260mg	20%
Iron 8mg	45%
Potassium 235mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

FDA

Amanda's Blueberry Muffin Cream Cheese Cookies

- 2 boxes Jiffy blueberry muffin mix
- 4 oz. cream cheese
- 1/2 cup light brown sugar, packed
- 1 stick "I can't believe its not butter" butter
- 2 eggs
- 1 1/2 cup white chocolate chips

Preheat oven to 325 degrees F.
 Cream butter, cream cheese and brown sugar
 Add eggs one at a time, mix
 Add muffin mixes and mix well
 Fold in chocolate chips
 Place parchment paper on a cookie sheet and drop by teaspoon onto cookie sheet and bake 12-15 minutes or until edges just turn golden.



***Have a question, problem or concern about
your:***

Garden

Flowers

Plants

Lawn

Pond

Trees

Call our Master Gardener Hotline

409-745-9708

Or stop by and talk with our

Master Gardener

Tuesdays & Thursdays

10 am to 2 pm

You can also call the office

Monday Friday

882-7010 and leave a message

for the Master Gardener



**Interested in becoming a
Master Gardener?**

Here's your chance!

Orange County Master Gardener Training begins Thursday, June 2
Classes Will Be Held Each Thursday
June 2 - September 8, 6PM - 8PM
Some Saturdays will be required
Classes will be held at the
Orange County EXPO Center**
11475 FM 1442, Orangefield
(Exit 869S off IH10)
Fee For The Class is \$100

Class speakers will include:
Mike Beard - Creekwood Blueberry Farm
Mark/Mallory Frey - Frey's Landscaping
Debbie McHenry - Cottage Cuttings

For More Information Please Contact:
Sheri Bethard
Vice President - OCMGA
sheribethard@yahoo.com
409 882-7010

**Some exceptions for training courses in nearby locations for hands-on experience.

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***Aggie
Horticulture®***



<http://aggie-horticulture.tamu.edu/>

Great website for all your horticulture needs. Check the site out!

TEXAS A&M AGRILIFE EXTENSION
11475-A FM 1442
Orange, TX 77630
Phone: 409-882-7010
E-mail: orange-tx@tamu.edu

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Ratatouille Makes 8 1 cup Servings



BETTER LIVING
FOR TEXANS
TEXAS A&M AGRILIFE EXTENSION

1 tablespoon vegetable oil
1 large yellow onion (peeled and chopped into 1/4 inch pieces)
4 cloves garlic (peeled and minced)
1 medium eggplant (peeled and diced into 1/4-1/2 inch pieces)
2 zucchini (diced into 1/4-1/2 inch pieces or use 2 cups of frozen zucchini)
1 red bell pepper (cored, seeded, and diced into 1/4 inch pieces)
1 teaspoon dried basil
1/2 teaspoon dried oregano
3 1/2 cups canned low-sodium tomatoes (including the juice or fresh tomato)
1 lemon (quartered)
1/4 cup chopped fresh basil leaves

Nutritional Information: calories 77;
fat 2g; Protein 3g; Carbohydrates
14g; Dietary Fiber 5g; Saturated Fat
0g; Sodium 18mg.



1. Put the pot on the stove over medium-low heat and when it is hot, add the oil. Add the onion and garlic and cook until golden, about 10 minutes.
2. Add the eggplant, zucchini, bell pepper, basil, and oregano and cook, covered, until the eggplant is very, very soft, about 40 minutes.
3. Add the tomatoes and cook, uncovered, for 20 minutes. Serve right away, garnished with lemon quarters and basil, or cover and refrigerate up to 3 days

USDA Center for Nutrition Policy and Promotion

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