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Family & Community Health
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Office 409-882-7010



Johnny Trahan
Commissioner Precinct 2
Theresa Beauchamp
Commissioner Precinct 3
Kirk Roccaforte
Commissioner Precinct 4
Robert Viator

Orange County AgriLife Newsletter December 2020



AgriLife will be closed Thursday, December 24th Friday, December 25th Monday, December 28th



We have pecans available for purchase. Thank you for supporting Orange County 4-H



Scan and go directly to AgriLife website orange.agrilife.org



Texas A&M AgriLife Extension Orange County

4-H Parties-December 1st

This year we will have the 4-H Awards Banquet and Christmas Party as one big PARTY!

We will still follow Covid rules, Temperature checks, Mask, and social distancing. No outside food will be allowed. All food will be provided.

The awards are for the September 1, 2019-September 1, 2020 4-H year.

Christmas Party: Each club is responsible for the following: Provide a game/ activity and 2 decorated table top Christmas trees for the pass the tree game.

Looking forward to seeing everyone there.

ALL 4-H members and families are invited!

Ugly Sweater Contest!



4-H Christmas Party



Fresh Start to a Healthier You

Everyone's welcome to attend our free program

We will be discussing how to Saving money at the grocery store Food Safety Meal Planning

We will meet at the

Raymond Gould Community Center 385 Claiborne Street Vidor Every Wednesday in January (January 6, 13, 20 & 27) 10 am to 11 am

To register call 409-882-7010



Intro to Beekeeping

January 12, 26, & February 9
6:00 pm-8:00 pm
\$25 per person (paid prior)
or \$30 at the door
RSVP by January 8
Extension Office
11475 FM 1442
Orange, TX
409-882-7010

Taught by Len VanMarion

- Texas Apiary Inspection Service @ TAMU Certified Master Bee Keeper
- Texas Master Gardener
 Texas Bee Keeper Assoc
- Texas Bee Keeper Assoc Member

Topics:

- ◆ Equipment
- ♦ Personal Protective Gear
- **♦ Hive Products**
- Basic Biology & Starting Concerns

GRILIFE

The members of Texas A&M Agrillife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sereligion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment of the programs of the progr

Jam & Jelly Making Class



Saturday, February 27, 2021 10:00 am

\$20

Please pay by February 22nd Texas A&M AgriLife Extension Office 11475 FM 1442, Orange

Limited space available
Must call 409-882-7010 to reserve your
spot.



Fallon Foster, M.P.H.
County Extension Agent
Family & Community Health



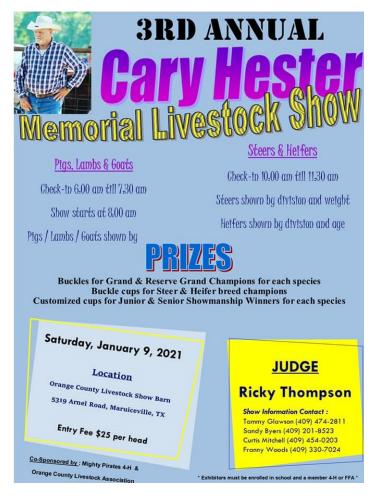
Educational programs of the Texas A&M AgriLife Extension Service are open to all people without regard to race, ooks, religion, sex, national origin, age, disability, genetic information or veteran status. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperation.













Multiple Dates

November 10, 2020

December 10, 2020

Location

Hardin County Courthouse
Large Courtroom
300 W Monroe Street
Kountze, Texas 77625

Program will be live-video stream

More Information

Hardin County Extension Office Katie Pace, AG/NR Agent katie.pace@ag.tamu.edu 409-246-5128



Schedule

Check-in and refreshments, 7:30 - 8:15 a.m. Program, 8:30 a.m. - 3:30 p.m.

Topics & Speakers

5 CEU's pending approval

Laws & Regulations

Brad Tullis, Inspector, Texas Department of Agriculture 1 TDA L/R, 1 SPCS General

Weed Control in Pasture & Hay Meadows

Dr. Vanessa Corriher-Olson, Extension Forage Specialist Overton Center, Texas A&M AgriLife Extension Service 1 TDA General, 1 SPCS General

Pesticide Labels & Sprayer Calibration

Mr. Matt Matocha, Extension Program Specialist Soil & Crop Sciences, Texas A&M AgriLife Extension Service 1 TDA L/R, 1 SPCS General

Managing Soil Fertility for Weed Control

Dr. Jake Mowrer, Extension Specialist Soil & Crop Sciences, Texas A&M AgriLife Extension Service 1 TDA General, 1 SPCS Lawn/Ornamental

Livestock Vector Control & Housefly Management

Dr. Sonja Swiger, Extension Specialist Stephenville Center, Texas A&M AgriLife Extension Service 1 TDA IPM, 1 SPCS Pest

Registration

\$50/person (plus processing fees)
Online registration only, visit
https://nov10ceu.eventbrite.com

If you need special accommodations, please contact the Extension Office no later than seven days before the program so we can consider your request. Texas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

Venison Meatloaf - comfort food!

Serves 6

With most Americans spending time at home right now, it's a great opportunity to do some home cooking and eat the meat stored in your freezers. If you had a plentiful hunting season, it could also be nice time to share some meat with non-hunting family and neighbors.

1.5 lb. ground venison
2 eggs
1/2 cup of quick oats
1/4 cup catsup (ketchup)
1 Tbsp Worcestershire sauce
2 tsp. mustard
1/4 cup minced onion
1 clove garlic, mashed
2 Tbsp, fresh chopped parsley, if available
Salt and pepper to taste (1/2 tsp each)
1/4 cup catsup or barbeque sauce for top



- 1. Preheat oven to 375 degrees. In a large bowl crack and stir the eggs. Add oats, catsup, Worcestershire sauce, mustard, onion garlic, and parsley. Mix in ground meat, salt, and pepper.
- 2. If you have some plastic gloves, this mixes up best with your hands, but a spoon works too (or clean hands).
- 3. When all the ingredients are well incorporated form the meat into a loaf and place on a cookie sheet with a bit of a lip (jelly roll pan). You may want to line the pan with ta piece of parchment paper or foil for easier clean-up.
- 4. Spread the remaining catsup or barbeque sauce on top of the meat loaf. If desired, a few strips of bacon can go on top, but not necessary for moisture.
- 5. Place meatloaf in oven and cook about 40 minutes until it reaches and internal temperature of 165 degrees.

Nutrition Facts: Calories 250, Total Fat 5g, Saturated Fat 2g, Cholesterol 160mg, Sodium 640mg, Total Carbohydrate 14g, Dietary Fiber 1g, Total Sugars 6g, Protein 37g.

wildharvesttable.com



Vary your protein routine...with seeds!

Don't toss them out - save your pumpkin seeds. Rinse, dry, roast and serve them in salads or enjoy as a crunchy snack.

Roasted Pumpkin Seed Snack Mix

2 cups crispy rice or wheat cereal squares 1/2 cup roasted whole pumpkin seeds 1/3 cup slivered almonds 1/2 cup dried cranberries 1/2 cup raisins

Mix all ingredients together and serve.

Nutrition: Serving Size approx. 1/2 cup: 199 Calories, Total Fat 11g, Saturated Fat 2g, Cholesterol o mg, Sodium 121mg, Carbohydrate 23g, Dietary Fiber 2g, Total Sugars 11g, Added Sugars included 4g,

Orange County Food Safety

Here's Why You Should Never Put a Frozen Turkey Into a Deep Fryer

Deep-frying your turkey is a way to get juicy, succulent meat in a fraction of the time you'd spend roasting one on Thanksgiving. But if you don't know what you're doing, it can also be a recipe for disaster. Make a wrong move while frying a whole bird and you could end up with a charred lawn—or worse. One of the most dangerous mistakes you can make while frying turkey is attempting to cook it from a frozen state.

Firefighters from the Orange County Fire Department in Florida demonstrate what happens when you submerge a frozen turkey in a fryer. As soon as the turkey enters the pot, boiling oil starts to overflow from the top of it. In seconds, the oil ignites and erupts into a ball of flame big enough to burn anyone who happened to be standing nearby.

When ice makes contact with hot oil, it instantly turns to steam. Enough rapidly expanding steam can push oil over the sides of the pot, potentially splashing onto the cook or into the flames beneath the vessel. That's why a turkey should always be fully defrosted before going into a deep fryer.



If you're brave enough to deep-fry your turkey this Thanksgiving, there are some steps you can take to ensure it doesn't end with a visit from the fire department. Always set up your fryer outdoors away from flammable materials and structures and be careful not to overfill it with oil. Before slowly submerging your turkey with the proper equipment, turn off the flame beneath the pot and have a grease-fire extinguisher handy just in case. Here are some more tips for finding success with your bird.

https://www.mentalfloss.com/article/609509/never-deep-fry-frozen-turkey

How To Safely Thaw a Frozen Turkey

Refrigerator Thawing Times: Allow about 24 hours for every 5 pounds of turkey. 4- to 12-pound turkey — 1 to 3 days, 12- to 16-pound turkey — 3 to 4 days, 16- to 20-pound turkey — 4 to 5 days, 20- to 24-pound turkey — 5 to 6 days.

Cold Water Thawing Times

Allow about 30 minutes for every pound of turkey.

4- to 12-pound turkey — 2 to 6 hours

12- to 16-pound turkey — 6 to 8 hours

16- to 20-pound turkey — 8 to 10 hours

20- to 24-pound turkey — 10 to 12 hours

https://www.thekitchn.com/how-to-safely-thaw-a-turkey-225724



James Scales, Health Inspector Deputy Director Orange County Environmental Health and Code Compliance



Fallon Foster, M.P.H. County Extension Agent Family & Community Health Orange County

Dusty Trails 4-H & Clover Kids Club

1st Tuesday 6pm 4-H Office Club Manager Casey Trahan 409-988-4873



Do More, Be More,

CCS Lions 4-H Club

1st Wednesday 3:30 pm
Community Church Orange
Club Manager
David Beck
409-474-9631
All homeschool youth are
welcomed to
join the CCS Lions club

Mighty Pirates 4-H

2nd Tuesday 7 pm, Vidor Junior High Cafeteria Club Manager Tammy Glawson 409-474-2811 Co-Manager Sandy Mitchell 409-201-8523

Clay Busters Shooting Sports

Meetings 3rd Tuesday 6 pm 4-H Office Practice Tuesdays 6 pm Orange County Gun Club Club Manager Robert Caffey 409-767-6222

OC 4-H Judging Club

Thursday's
7 pm 4-H Office
Club Manager
Melissa Pyatt 409-679-2441



Adult Leaders Association (ALA)

1st Monday 6 pm 4-H Office All enrolled Adult Volunteers are welcomed to be a part of ALA

County 4-H Council

All enrolled 4-H youth are welcome to be a part of County Council 1st Monday 6 pm 4-H Office



Starting November 1, 2020

The 4-H office orders supplies for all 4-H Projects prior to the meeting dates. Participants of all Projects must call the 4-H office 10 working days prior to the Project date to let them know you will be attending. If the office does not receive a response on attendance then the project is cancelled for that month.

Equine Riders & Non-Riders

3rd Monday 6pm
Tin Top 2 (T2) Arena
Old Peveto Road
Orange
Leader
Sharon Dowden
Co-Leader
Martha Weaver

Food & Nutrition

3rd Tuesday 6pm 4-H Office Leaders Casey Trahan Tonya Wright

Robotics

4th Monday 4-H Office NEW TIMES Youth 5-8 6 pm-7 pm Youth 9-18 6 pm to 8 pm Leader Cindy Childress

Fashion & Interior Design

4th Tuesday 6pm 4-H Office Leader Darla Dempsey Co-Leader Martha Weaver

Pumpkin Cheesecake Trifle

Serves 16 1/2 cup servings

7 ounces Cheesecake Flavor Instant Pudding Mix (2 packets)

4 cups

30 ounces 100% pumpkin puree canned

1 teaspoon ground cinnamon

1/2 teaspoon ground cardamom

1/2 teaspoon ground cloves

3/4 teaspoon ground ginger

1 whole prepared angel food cake

1.5 cups pecan pieces toasted

1 ounce dark chocolate at least 60% cocoa, chopped



- 2. Prepare the pudding according to package directions, chill to set while preparing other ingredients.
- 3. Combine the pumpkin puree and spices cinnamon, cardamom, cloves and ginger.
- 4. Slice the angel food cake into bite-size pieces.
- 5. In a large glass trifle dish, layer the ingredients as follows: pudding, pumpkin mixture, pecans, angel food cake, pudding, pumpkin mixture, pecans, chocolate, angel food cake, pudding, pumpkin mixture, pecans ad chocolate. Opt for a dish that is taller and slimmer than it is wide.
- 6. Chill for at least 30 minutes and serve. Trifle can be kept for 2-3 days in the refrigerator, but its best eaten the day it's made.

Nutrition Facts

Calories 170, Total Fat 9g, Saturated Fat 2g, Cholesterol 5mg, Sodium 390mg, Total Carbohydrate 43g, Dietary Fiber 1g, Total Sugars 27g, Protein 6g.



Instant Strawberry Hot Cocoa Mix

Yields 1 2/3 cups hot cocoa mix (two gifts)







- 1/2 Cup instant nonfat dry milk
- 1 Cup Nestle Strawberry Nesquik powdered drink mix
- 2 Canning jars, 16 ounce Capacity
- 2 Cups pink or white mini marshmallows
- Place the white chocolate in a food process and pulse until chopped into small pieces. Add the dry milk and strawberry drink mix. Process until the mixture is well combined and no large chunks of white chocolate remains.
- Divide the mix between two 16 oz. jars. Top with each jar with 1 cup of mini marshmallows.
- 3. Lid the jar and add a tag with preparation instructions.

Tag directions: Combine two tablespoons strawberry cocoa mix with 6 ounces hot water or 6 ounces hot milk.

sprinklebakes.com

Preparing plants for Cooler Temperatures

Sheri Bethard, Orange County Master Gardeners Ossociation

Os fall is bringing cooler temperatures, we need to start planning what to do with our outside ornamental plants on our patios, decks and around our yards in pots. Preparing ahead of the first real cold blast will save some headaches in the long run. These are tips to do now preparing prior to bringing plants indoors to your house, garage, back porch or greenhouse.

First and foremost, check your plants for pests. You don't want to bring those nasty little buggers inside your home or where you are on over-wintering your plants. First hose the plants down with a good blast of water. This will remove most of them from the plant. Then you can spray with Neem Oil to rid your plants of pests. It's one of the best organic products on the market to ridding plants of pests.

Ofter doing this, look each plant over and remove any dead limbs or leaves along with pruning the plant if it has grown quite a bit over the summer. If it needs repotting, now is the time to do so and prune the roots while you have it out of the pot as this will help establish new roots. Be sure to plant in a pot 2 inches larger than the current pot if the root ball is tight against the current pot.

Depending on the number of plants you have to bring inside, acclimating your plants to inside life is a good idea. Do this when the temperatures get 50°F or lower at night. Bring them inside and put back

outside during the day. Gradually increase the amount of time over the next 2 weeks until you have it inside full time.

If you are not able to do this, gradually move those from the sun into the shade leaving them for a couple of weeks getting use to the light difference, then move inside.

Once inside, pick an area that has a stable temperature between 60-70°F day round. Temperature fluctuations are not good for plants and neither are being in drafts. For example, by the front door is drafty along with temperature changes.

Inside the home our humidity runs around 40% or less. Plants need much higher humidity levels. Misting your plant several times a day will help provide the needed air moisture. Or, you can set up humidity trays, small trays filled with pebbles and water. The water evaporates providing humidity to the plants. Be sure to watch as they must be refilled every couple of days. O humidifier is also good to use.

Inside plants don't require as must water as when outside. If you do not have a moisture meter to check if the plant needs water, stick your finger about one inch below the soil surface. If it is moist, then it doesn't need water. If it is dry, water. Most important is not overwater while the plants are inside. This can cause the plant to die.

When you bring your plants inside you should place them near a sunny window so they can get as much natural light as possible. They still need to get sunlight in order to photosynthesis (make their food every day). If you don't have an area of natural light purchase grow lights. They are on the market now within everyone's purchasing ability.

If you put your plants in your garage, make sure there is light for them along with a heat source. Garages get cold when the temperatures get low. For a time until I got my greenhouse, we used our back porch as a temporary greenhouse. My husband built a frame with 1x I's and we enclosed it with plastic. I used a small space heater which worked great.

For those of you who have perennials and other plants in the yard, try these suggestions. First, do not cut them back until spring If you cut them back now, they will try to put out new growth which the first freeze will damage more of the plant than what would have been by not cutting it back. Mulch, mulch, and mulch the base and out from of the plant. The mulch will keep in the heat and moisture from the ground

saving the roots and in spring your plant will put forth new growth. Then you can cut it back once you see it has started to sprout from on the stalks and limbs. Remove mulch from the base to prevent diseases then

Ony questions can be sent $\frac{\text{ccmg } 1990@\text{gmailcom}}{\text{com } 1990@\text{gmailcom}}$ or call our HotLine 409 882-7010 Tuesday and Thursday 10-2.

December 2020 4-H Calendar

Due to Christmas Holidays the Robotics Projects will not meet this month.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 4-H Awards & Christmas Party 6:30 pm-9pm	2 CCS Lions 3:30 pm	3	4	5
6	7 ALA 6 pm County Council 6pm OCLSA 7 pm	8 Mighty Pirates 7 pm	9	10 Orange 4-H Judging 7 pm	11	12
13	14 Equine Project 6 pm	15 Food & Nutrition Project 6 pm Clay Busters 6 pm	16	17 Fashion & Interior Design 6 pm	18	19
20	21 Projects & Club	22 25 will not meet thi	23 s week		Fice Closed	26
27	28 Office Closed	29	30 New Year's Eve	CHRI	S T M A S	

January 2021 4-H Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					HAPPY * * Yew Jean* Office closed * *	2
3	4 ALA 6 pm County Council 6pm OCLSA 7pm	5 Dusty Trails 6 pm	6 CCS Lions 3:30 pm	7 Orange 4-H Judg- ing 7 pm	8	9 Cary Hester Memorial Live- stock Show
10	11	12 Mighty Pirates 7 pm	13	14 Orange 4-H Judg- ing 7 pm	15	16
17	18 Equine Project 6 pm MLK Office closed	19 Food & Nutrition Project 6 pm Clay Busters 6 pm	20	21 Orange 4-H Judg- ing 7 pm	22	23
24	25 Robotics Project 6 pm to 8 pm	26 Fashion & Interior Design Project 6 pm	27	28 Orange 4-H Judg- ing 7 pm	29	30
31						

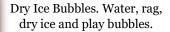




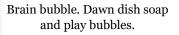


4-H Member
Aurora LeBert had a
wonderful time at
Jr. Leadership Lab in
Huntsville.
She enjoyed meeting
new friends, leadership while having fun.









Old Fashion Craft & Food Show Grand Champions



Senior Grand Champion Isabel Sylestine Basketry



Intermediate Grand Champion
Addison Bandy
Photography







4-H Community Service
Field of Plenty-O Donation Community Garden
Digging Up Over 240 Pounds Of Sweet Potato's







Orange County Master Gardeners

Gardening gifts that provide years of enjoyment

The popularity of gardening is at an all-time high and people are discovering its many benefits. Some want to grow safe and nutritious food, others are boosting the beauty of their landscape, and many are turning to gardening to relieve stress. With the holidays right around the corner, it's the perfect opportunity to support new and experienced gardeners with a thoughtful garden-related gift.

Help small-space gardeners expand their growing space and reduce maintenance with a self-watering elevated cedar planter. Elevated gardens add garden space to a balcony, deck or patio while raising the garden bed to a comfortable and easily accessible height. The self-watering system makes gardening easy with proper, less frequent watering to ensure success.

Do the same for indoor-plant enthusiasts with stylish terrariums, plant stands, and lighting features. Terrariums are still popular, creating a decorative means for providing the moisture and humidity tropical plants need. Copper and rot resistant mango wood terrariums (gardeners.com) add a new and decorative twist to this traditional growing system



Give the gift of a stylish cooper and wood terrari um that is sure to dress up any room (Photo courtesy of Gardener's Supply Company)

Plant stands allow your favorite indoor gardener to maximize any available space. Shelves filled with greenery help improve indoor air quality, reduce stress, and can elevate one's mood. New modern metal plant stands add a modern vibe to the indoor garden display.

When space is at a premium, give the gift of vertical gardening accessories. Birdcage planters provide a unique way to display tropical or seasonal flowers. Lower them to tabletop level to use as a centerpiece or decorative element in seasonal indoor displays.

Don't overlook the cooks in your life who may be intrigued by moving their garden indoors. Keep them stocked with fresh herbs and vegetables. Increase their growing space and needed light with a gift of energy efficient LED grow lights in an attractive stand like the Oslo customizable LED Grow Lights. For those with limited space, consider an organic kitchen caddy planter kit. A windowsill or countertop herb garden is a great way for anyone to add garden-fresh flavor to winter meals.

Make gardening a fun and accessible experience with the help of a deep seat kneeler that when flipped over, converts. Or add storage and mobility with a Deluxe Tractor Scoot with Bucket Basket. The handle allows you to easily take your tools and garden scoot with you to every corner of your landscape.

And don't forget the stocking stuffers. Who doesn't need extra plant tags, ties and gloves? Consider replacing the stocking with a colorful Tubtrug. These flexible lightweight tubs are perfect for harvesting garden produce, collecting weeds or transporting anything from one space to another.

The gift of gardening provides lifelong benefits. Supporting family and friends with useful tools and equipment can increase their gardening enjoyment and success. And don't forget to add a few of your favorite garden related items to your gift list. You will eliminate the stress and guesswork for the giver and you both will appreciate a gift that provides years of function, beauty and memories.

Gardening tips

It's time to plant container-grown landscape shrubs. Fall-planted, hardy plants have a growth advantage over spring-planted stock.

Have a favorite gardening tip you'd like to share? *Texas Gardener's Seeds* is seeking brief gardening tips from Texas gardeners to use in future issues. If we publish your tip in *Seeds*, we will send you a copy of *Texas Gardener's 2021 Planning Guide & Calendar*. Please send your tips of 50 words or less to the editor at: <u>Gardening Tips</u>



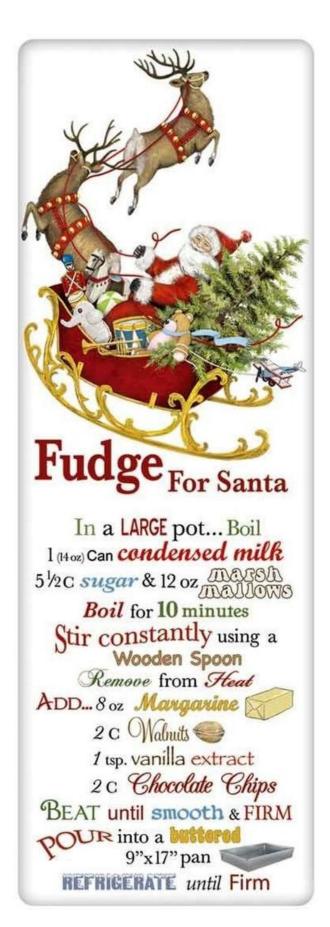




- * 30 wood skewers (3-4" long skewers)
- 30 baby mozzarella balls
- 30 basil leaves
- * 10-15 cherry tomatoes
- * 30 slices peppered salami (or regular salami)
- * 10 whole artichoke hearts, halved
- 20 large green olives, pitted (you can get flavored if you'd like)
- 30 large black olive or large kalamata olives
- * 10 cherry peppers, halved
- Fresh rosemary sprigs for garnish.
- 1. Line up all your ingredients so you're ready to assemble antipasto skewers.
- 2. To each skew add mozzarella ball basil leaf and salami. From there I mixed and matched the rest of the ingredients! Hint: have fun with this. I made each of my skewers different.
- 3. Get a round serving platter and place assembled skewers in the shape of a wreath. Depending on the size of your platter you may need to do a double layer of skewers. Than stick pieces of fresh rosemary in random places underneath the skewers to make it look like a Christmas wreath.
- 4. Store in refrigerator until ready to serve. (can be made one day ahead of time).











Orange County Food Safety

Chicken and Food Poisoning

By: Centers for Disease Control and Prevention (CDC)



Americans eat more chicken every year than any other meat. Chicken can be a nutritious choice, but raw chicken is often contaminated with *Campylobacter* bacteria and sometimes with *Salmonella* and *Clostridium perfringens* bacteria. If you eat undercooked chicken or other foods or beverages contaminated by raw chicken or its juices, you can get a foodborne illness, which is also called food poisoning.

That's why it's important to take special care when handling and preparing chicken.

You Can Take Steps to Prevent Food Poisoning

If chicken is on your menu, follow these tips when shopping, cooking, and eating out to help prevent food poisoning:

- Place chicken in a disposable bag before putting in your shopping cart or refrigerator to prevent raw juices from getting onto other foods.
- Wash hands with warm soapy water for 20 seconds before and after handling chicken.
- **Do not wash raw chicken.** During washing, chicken juices can spread in the kitchen and contaminate other foods, utensils, and countertops.
- Use a separate cutting board for raw chicken.
- Never place cooked food or fresh produce on a plate, cutting board, or other surface that previously held raw chicken.
- Wash cutting boards, utensils, dishes, and countertops with hot soapy water after preparing chicken and before you prepare the next item.
- <u>Use a food thermometerExternalexternal icon</u> to make sure chicken is cooked to a safe internal temperature of 165°F.
- If cooking frozen raw chicken in a microwavable meal, handle it as you would fresh raw chicken. Follow cooking directions carefully to prevent food poisoning.
- If you think the chicken you are served at a restaurant or anywhere else is not fully cooked, send it back for more cooking.
- Refrigerate or freeze leftover chicken within 2 hours (or within 1 hour if the temperature outside is higher than 90°F).

foodsafety.gov





Orange County Master Gardeners

Poinsettia Facts

By Jennifer Buckner, Director of Horticulture Shangri La Botanical Gardens & Nature Center

Nothing says, "Get ready for Christmas!" more than a beautiful Poinsettia. But do you know the history behind the popular Christmas flower? The "Flor de Noche Buena" or Christmas Eve Flower, as Poinsettias are know in their native Mexico and Central America habitat, is a tropical woody shrub that can reach up to 10 feet tall. The Aztecs who used the bracts called them 'cuitlaxochitl', the colorful modified leaves surrounding the yellow flowers, for dye and the milky sap as a fever reducer.

Poinsettias began their association with Christmas in the 17th century when Franciscan friars included them in their Christmas celebrations. The star-shaped patterns of the leaves symbolize the Star of Bethlehem and the red color represents Jesus' blood sacrifice.

The popularity of the plant in the United States is due to one man, Joel Roberts Poinsett, the Poinsettia's namesake. Poinsett was the first U.S. Minister to Mexico as well as a botanist and physician He was intrigued by the winter flower and brought it back to his South Carolina greenhouse for cultivation in the 1830's.



Caring for Your Poinsettia All Year

During the Christmas Holiday:

- Keep your Poinsettia in a bright, indirect lit location inside
- Water when potting mix begins to feel dry to the touch
- Keep away from hot or cold drafts
- Begin fertilizing after color begins to fade
- Protect from temperatures below 50°f

After the Christmas Holiday to Early Autumn:

- Place Poinsettia in a sunny indoor location and keep soil barely moist
- Trim to about 8" tall after leaves fall in the Spring, keep watered and fertilized
- When new growth appears repot and take outside, fertilize weekly and give morning sun
- Pinch a quarter of the tips of the Poinsettia back to encourage branching
- Bring indoors when night temperatures fall below 50°F

From October 1 to December 15:

- Place in a dark place from 5PM to 8AM. Make sure absolutely NO light breaks this dark time
- Give 6-8 hours for sun per day
- After bracts start to color, discontinue long nights and fertilizer
- Place poinsettia in its final holiday location!

Enjoy you Poinsettia!



3 parts Cranberry Canada Dry® Ginger Ale

1 part Cranberry Juice

1 part Orange Juice (pulp free)

Orange Slices, for garnish

Fresh mint, for garnish

Chill individual drinks prior to serving.

Mix, garnish, and enjoy!

4~H Equine Project at T2 Arena

Everyone's having fun and learning so much from Ms. Sharon



















- S ee your goal.
- **U** nderstand the obstacles.
- **C** reate a positive mental picture.
- C lear your mind of self doubt.
- **E** mbrace the challenge.
- **S** tay on track.
- S how the world you can do it!





Orange, TX 77630 Phone: 409-882-7010 Non-Profit Org. US Postage PAID Orange, TX Permit #12

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