

Fallon Foster, M.P.H. County Extension Agent Family & Community Health County Coordinator

> Franny Woods 4-H Program Assistant

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Office 409-882-7010



<u>County Judge</u> John Gothia

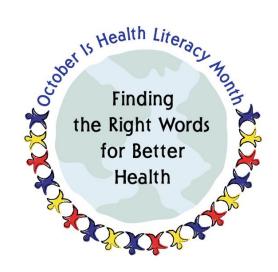
<u>Commissioner Precinct 1</u> Johnny Trahan <u>Commissioner Precinct 2</u> Theresa Beauchamp <u>Commissioner Precinct 3</u> Kirk Roccaforte <u>Commissioner Precinct 4</u> Robert Viator



Scan and go directly to AgriLife website orange.agrilife.org Texas A&M AgriLife Extension Orange County



Orange County AgriLife Newsletter October 2021



INCREASING YOUR HEALTH LITERACY: EASY TIPS

- Call your County Extension Office. Sign up for classes on health to learn more.
- To learn about health-related topics, Use websites that end in ".edu" or ".gov".
- Take someone to appointments with you to ask questions and take notes.



2021 Orange County 4-H Annual Pecan Fundraiser



PRE-ORDER DEADLINE OCTOBER 11th Thanksgiving order NOVEMBER 8th Christmas order



Plain Pecans Pieces

1 lb. bag \$10.75 3 lb. box \$31.00 5 lb. box \$51.00

Plain Pecan	s Halves
ı lb. bag	\$12.25

3 lb. box \$35.50 5 lb. box \$58.00

Peanuts & Specialty Nuts

12 oz Chocolate Peanuts \$5 12 oz Honey Roasted Peanuts \$5 1 lb. Hot and Spicy Peanuts \$3.25

- 1 lb. Roasted and Salted Cashews \$10.25 1 lb. Walnuts \$8 1 1b. Raw Almonds \$8
- **Frosted or Flavored Pecans** 12 oz. bag \$9.50 each

Chocolate Covered or White Chocolate or Chocolate Toffee Covered Praline Frosted or Amaretto Frosted Cinnamon Frosted or Honey Toasted Glazed

Sugar Free Chocolate (contains Malitol) \$12.00

Specialty Mixes

Texas Deluxe Nut Mix \$8.50

Pecans, Cashews, Almonds and Brazil Nuts

Hunter's Mix \$5.25

Cashews, Cocktail Peanuts, Sesame Sticks, Sesame Seeds, Natural Almonds, Fancy Pecan Halves, Peanut Oil and Salt

California Mix \$6.00

Almonds, Walnuts, Dried Apricots, Diced Dates, Banana Chips, Seedless Raisins, Coconut Chips, Cashews and Sunflower Seeds

Trash Mix \$4.25 Sesame Sticks, Jumbo Runner Peanuts, Pretzels, Hot and

Bar-B-Que Corn Sticks, Taco Sesame Sticks, Nacho Cheese and Hot & Spicy Peanuts Cran-Slam Mix \$6.25

Spicy Peanuts, Peanut Oil and

Salt

Fiesta Mix \$4.50

Dried Cranberries, Raw Walnut Pieces, Roasted and Salted Sunflower Seeds, Roasted and Salted Pumpkin Seeds, Diced Pineapple and Black Raisin

Mountain Mix \$5.50 Roasted and Salted Cashews. Roasted and Salted Peanuts. Roasted and Salted Almonds, Raisins and M&M's

TEXAS A&M GRILIFE EXTENSION You can also call the AgriLife office to place an order Orange County 4-H Office 409-882-7010

1 lb. Roasted and Salted Pistachios \$11.25

Samplers

1 lb. Pecan Sampler \$14 White Chocolate, Chocolate, Cinnamon & Praline Halves

2 lb. Pecan Sampler \$25 Chocolate, White Chocolate, Amaretto, Cinnamon, Pina Colada & Praline Frosted

Baskets

1 lb. Texas Wicker Basket \$22 Chocolate & White Chocolate Mixed

3.5 lb. Round Wicker Gift Basket \$50 1/2 lb. each of Milk Chocolate Pecans, White Chocolate Pecans. Praline Frosted Pecans, Texas Deluxe Mix and Hunter's Mix

3.94 lb. Big Tex Gift Basket \$66 Texas shaped basket filled with 11 oz. Pecan Topping, 12 oz. each of Milk Chocolate Pecans, White Chocolate Pecans, Praline Frosted Pecans and 1 lb. Raw Pecan Halves.

Orders can be placed through Orange County 4-H Member or by calling the club manager Clay Busters 4-H 409-767-6222 Dusty Trails 4-H 409-988-4873 Mighty Pirates 4-H 409-201-8523 or 409-554-1960 OC 4-H Judging Club 409-679-2441

CHECKS PAYABLE TO: ORANGE 4-H COUNCIL



The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, color, sex, religion, national origin, age, disability, genetic information, veteran status, sexual orientation or gender identity and will strive to achieve full and equal employment opportunity throughout Texas A&M AgriLife

Orange County AgriLife Newsletter



Saturday, Uctober 2nd at Orangetober Fest

Age Divisions & Time of Contest Youth ages 8-12 @ 1pm Teens ages 13-17 @ 2pm Adults ages 18 and up @ 3pm Winners announced @ 4 pm Contraction and a second

Prize given to winner of each age division.

Free to enter!

Entry, Rules, and Regulations available TEXAS A&M online at GRILIFE EXTENSION or call the office 409-882-7010.

Texas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sability, age, genetic information, veteran status, sexual orientation, or gender identity. The Texas A&M University System, U.S. Depa

County Commissioners Courts of Texas Cooperating.



GRILIFE

EXTENSIO

DO WELL, BE WELL WITH DIABETES

The Texas A&M AgriLife Extension Service is excited to offer free educational programs focused on managing type 2 diabetes.

Dates: October 5th, 7th, 12th, 14th, & 19th Time: 10:00 am to 12:00pm Location: Raymond Gould Community Center



Learn how to manage your diabetes through food & exercise.

Learn more about medication, self-care, and more.

To register, contact your local county agent!

** Raymond Gould Community Ctr 385 Claiborne St Vidor, TX 77662

Orange County Extension Office 11475-A FM 1442 Orange, TX 77630 Call 409-882-7010 to register. Taught by: Fallon Foster, M.P.H. Orange County Extension Agent Family & Community Health

THESE PROGRAMS ARE OFFERED FREE DUE TO SUPPORT OF GRANT FUNDING. The members of Texas A&M AgriLife will provide equal opportunities in programs and activities, education, and employment to all persons regardless of race, cobr, set, religion, national origin, age, disability, genetic information, veteran status, sexual normation or gender identit and will strive to achieve full and equal employment opportunity froughout trans A&M AgnLife.



Age division will be divided as follows Junior Grades 3rd-5th Intermediate Grades 6th-8th Senior Grades 9th-12th Must be enrolled in a public, private or homeschool to entry contest.

> Divisions that can be entered Food Industrial Arts Family & Community Science Art Photography

Visit our website Orange.agrilife.org To enter, rules, and regulations. Orange,

Workshop provided through Clean Water Act §319 nonpoint source grant funding from the TSSWCB and U.S. EPA



Orange County Convention and Expo Center 11475 FM 1442 Orange, TX 77630 In-Person & Virtual Attendance Options Available Preregistration Required

The workshop will provide an overview of water quality and watershed management in Texas, including a discussion on the Sabine River basin and local bayous. Efforts by the Sabine River Authority, and best management practices local stakeholders may use to help improve and protect their water quality, will be highlighted. Free continuing education credits/ CEUs offered for a wide variety of professional disciplines. For a complete list of continuing education offered, or to register, visit our website or call the number below.

Pre-register for the workshop by going to: https://tws.tamu.edu/workshops/registration or call 979.862.4457



Soil & Water



4-H enrollment members will never be turned away from joining a club or participating in a project.

4-H Connect enrollment website https://v2.4honline.com/

Youth Club Member Participation Fee

\$25 August 15-October 31st \$30 November 1st to the completion of 4-H year (clover kids, ages 5-8* are free) *A youth that is 8 years old and going into the 3rd grade must wait until September 1st to enroll for proper fees to be accessed. The Texas 4-H year officially starts September 1st.

Dusty Trails 4-H & Clover Kids Club 1st Tuesday 6 pm 4-H Office Club Manager Casey Trahan 409-988-4873

Mighty Pirates 4-H

2nd Tuesday 7 pm 4-H Office Club Managers Sandy Mitchell 409-201-8523 Lisa Edwards 409-554-1960

OC 4-H Judging Club

Practice Thursday's 6 pm 4-H Office Club Manager Melissa Pyatt 409-679-2441

Clay Busters Shotgun Sports

Meetings 3rd Tuesday 6 pm 4-H Office Practice Tuesdays 6 pm Orange County Gun Club Club Manager Robert Caffey 409-767-6222 Adult Volunteer Application Fee \$10

County 4-H Council All enrolled 4-H youth are welcome to be a part of County Council 1st Monday 6 pm 4-H Office

Adult Leaders Association (ALA)

1st Monday 6 pm 4-H Office All enrolled Adult Volunteers are welcomed to be a part of ALA

Projects outside of clubs

Photography 2nd Monday 6 pm 4-H Office

4-H Office Leader Cynthia Parish

Equine Riders & Non-Riders 3rd Monday 6pm Tin Top 2 (T2) Arena Old Peveto Road Orange Leader Sharon Dowden

Food & Nutrition 3rd Tuesday 6pm 4-H Office Leader Lettie LeBert Robotics 4th Monday 4-H Office <u>NEW TIMES</u> Youth 5-8

6 pm-7 pm Youth 9-18 6 pm to 8 pm Leader Cindy Childress

Fashion & Interior Design 4th Tuesday 6pm 4-H Office Leader Patience LeBert

If you need any type of accommodation to participate in this program or have questions about the physical access provided, please Orange AgriLife Office 409-882-7010, at least 2 weeks prior to the program or event you are interested in.

Slow Cooker Creamy Sausage and Potato Soup

- 3 russet potatoes peeled and cut into 1 inch cubes
- 4 cups sliced Andouille sausage sauté until slightly browned
- 3 cups vegetable broth
- 3 cups corn frozen or fresh
- 1 cup onions diced
- 4 tsp garlic minced
- 1/2 tsp garlic salt
- 1/2 tsp garlic pepper or black pepper
- 1/2 tsp onion powder
- 2 cups whole milk
- 2 tbsp cornstarch
- 2 cups grated cheddar cheese
- 1 cup sour cream
- Fresh cut parsley to garnish

Instructions

- 1. In a 6 quart slow cooker add ingredients through onion powder and cook on low for 6 hours.
- 2. 30 minutes before soup is done, whisk together cornstarch and milk and pour into soup. Cover and finish cooking.
- 3. Once done add grated cheese and sour cream. Stir to combine and allow a few minutes for cheese to melt.
- 4. Serve hot with freshly cut parsley.

Notes

If corn is fresh add in 1 hour before cooking time is done. If frozen add in with all the ingredients at the same time.

https://thefoodcafe.com/slow-cooker-creamy-sausage-and-potato-soup-recipe/





Healthy Halloween Snack Candy Corn Fruit Cocktail

2 cups pineapple, cut into bite sized chunks 2 cups orange, cut into bite sized

chunks (or use small Cuties) 1 cup whipped cream

1/4 cup candy corn



In 4 clear glasses, evenly divide

and layer pineapple, then oranges and top with whipped cream and a couple pieces of candy corn. Serve right away or refrigerate until ready to serve.

https://www.familyfreshmeals.com/2013/09/healthy-halloween-snack-candycorn-fruit-cocktail.html





Backyard Pond Program

Tuesday, October 5, 2021 5:30 p.m. to 7:30 p.m. TEXAS AGRILIFE EXTENSION SERVICE AUDITORIUM 1225 Pearl Street, Suite 200 Beaumont TX 77701

SPEAKERS:

Tyler Fitzgerald, AG/NR Agent Nikki Fitzgerald, Coastal & Marine Agent

> TOPICS INCLUDE Water Quality Pond Designs Stocking Aquatic Weed Management

Cost: \$25 per person (meal included) RSVP by October 4, 2021 to (409) 835-8461

Or
https://www.eventbrite.com/e/pond-management-program-tickets-167332442841
One TDA Pesticide IPM CEU

versons with disabilities who plan to attend this meeting and who may need auxiliary aids or services are requested to contact Cary Erickson. Jettlerson essuress Director at (409) 839-2391 five working days prior to the meeting so appropriate arrangements can be made. Early cardinal programs of th grtL/g Extension Service are open to all people without regard to race, color, religion, sex, national origin, age, disability, genetic information or vete case AdM University System, U.S. Department of Agriculture, and the County Commissioners Courts of react Cooperating.





Healthy Scotcheroos

Yields 36 bars

These healthy scotcheroos are made with all natural sugar, unsalted peanut butter, and coconut oil (no white sugar or corn syrup)!

Bottom Layer

- * 1.5 cups all natural peanut butter
- * 1/2 cup honey
- * Pinch of salt
- * 4 cups brown rice crispies

Top Layer

- * 1 cup semi-sweet chocolate chips
- * 1/2 cup butterscotch chips
- * 2 tablespoons coconut oil

Bottom layer

- 1. First, line a 9x13 inch pan with parchment paper or spray with nonstick cooking spray.
- 2. Prepare the bottom layer of the bars by mixing peanut butter, honey, and salt into a large bowl. Mix until smooth and then fold in the rice crispies.
- 3. Transfer the rice crispy mixture onto the bottom of the pan and use your hands or a spatula to press the mixture into the pan. Set aside.

Top layer

- 1. Add chocolate chips, butterscotch chips, and coconut oil to a small saucepan. Heat over medium heat. Continuously stir until melted.
- 2. Once melted, remove from heat and pour the chocolate mixture on top of the rice crispy layer. Shake the pan and spread chocolate evenly with a spatula.
- 3. Place in the freezer for at least 2 hours.
- 4. When ready to slice, remove from freezer and let chill for 20 minutes. Slice and enjoy
- 5. Store the bars in either the refrigerator or freezer (or else they will melt!).

Nutrition

Calories: 146 Sugar: 9 Sodium: 5 Fat:9 Carbohydrates: 15 Fiber: 2 Protein: 3.

https://fitfoodiefinds.com/



Autumn: Is the best time to plant wildflower seeds in Southeast Texas

Adapted from Texas A&M AgriLife Extension Service By John Green

As each day is becoming shorter and with our daily high temperatures slowly beginning to wane, this is gentle reminder cooler weather is close at hand. Exactly one week from today Autumn begins. Perhaps it's time to take the opportunity and sow wildflower seeds for a small or large wildflower garden or meadow.

Now is the time for Texas wildflower lovers to plant their favorite varieties for flowers in the spring, said Joseph Johnson, program manager for The Gardens at Texas A&M University.

Planting in the fall — before the start of the rainy season — gives your wildflowers time to germinate and gain a good root system before going dormant during the winter.



An early bloomer, bluebonnets announce spring in Texas (Texas A&M AgriLife photo by Laura McKenzie)

"It is good to use a wildflower mix with several different species to ensure year-round interests and not just blooms for the spring," he said. "This will give you an array of colors, but also an opportunity to see what does especially well in your wildflower area for the next year. If you let your flowers go to seed, you could see them again and again from year to year."

Soil preparation for wildflower seeds

Anyone interested in planting wildflowers for a spring family photo needs to prepare the soil. To adequately prepare the soil, you must ensure that the seeds come into contact with the soil either through tilling or raking, then lightly tamping them into the soil. Once the wildflower seeds are planted, lightly water the area to settle the seeds into the soil.

"If you are partial to bluebonnets, consider planting them in full sun with good drainage," he said. "Otherwise, an area with a minimum of six hours of sunlight should be sufficient for most types of wildflowers."

Do not overwater and do not fertilize wildflower seeds, he added. A little bit of care goes a long way, especially for bluebonnets.

Scatter the wildflower seeds

Spread your seeds over your prepared soil, according to the instructions of your selected seed mix. If you are looking for a meadow bursting with flowers and color, you may want to spread them thicker.

Once your seeds are in place, walk around the area to compress them into the ground for good germination. It is important not to bury or cover the seeds because they need good exposure to the sun.

Wait for spring and enjoy the blooms

Because of the fall planting, the seeds should not require too much care and watering. Blooms should begin to appear in early spring, depending on the weather and with a good-quality seed variety, may continue into summer.

For more information or to have your gardening questions answered please contact Orange County TX Master Gardeners via the following:

Website: http://txmg.org/orange Facebook: Orange County Texas Master Gardener Association Orange County Master Gardener Helpline 409-882-7010 Email: <u>extension@co.orange.tx.us</u>

Orange County Food Safety

Parents can make frozen food lessons fun for their children, including food safety



As students, parents and caretakers adjust to a physical return to classrooms this fall, the U. S. Department of Agriculture (USDA) reminds families to follow <u>food safety prac-</u>

<u>tices</u> to prevent foodborne illness when it comes to preparing frozen foods.

After a year of virtual learning, households are adjusting to new schedules and routines as students and schools return to in-person learning. When it comes to packing lunches, preparing after-school snacks, or quick and convenient dinners between after-school activities, frozen foods are a popular option. In a recent <u>USDA study</u> (PDF, 4 MB), 76 percent of study participants said they would buy not-ready-to-eat frozen chicken products for their children to prepare at home.

"I appreciate the convenience of frozen foods," said Sandra Eskin, USDA's Deputy Under Secretary for Food Safety. "Getting your kids involved in frozen food prep can help reduce the risk of foodborne illness for the whole family. Have them instruct you on proper cooking from the package label or make a game of watching the food thermometer reach the safe internal temperature on the package instructions."

Follow the below tips to prepare frozen foods safely all school year long. Get the kids involved in fun ways while enhancing their reading comprehension skills. Have them check the food thermometer for the correct temperature.

Check the Package

Not all frozen foods are fully cooked or ready-to-eat. It can be difficult to tell when foods are not-ready-to-eat when they have browned breading, grill marks or other signs that normally show that a product has been cooked. In the USDA study, 22 percent of the participants preparing frozen foods were not sure if the products were raw or fully cooked despite reading the product instructions, and among these participants, nearly half incorrectly believed it was fully cooked.

- Always check the product packaging to see if the food is fully cooked (and therefore ready-to-eat) or not-ready-to-eat.
- Frozen products may be labeled with phrases such as "Cook and Serve," "Ready to Cook" and "Oven Ready" to indicate they must be fully cooked to safe internal temperatures to be eaten safely.

Wash Hands and Surfaces



James Scales, Health Inspector Deputy Director Orange County Environmental Health and Code Compliance Following proper handwashing steps before, during and after preparing frozen food reduces the risk of transferring harmful bacteria from your hands to food and other surfaces. It is important to complete all five steps to handwashing:

- 1. Wet your hands with clean, running water, and apply soap.
- 2. Lather your hands by rubbing them together with soap. Lather the backs of your hands, between your fingers and under your nails.
- 3. Scrub your hands for at least 20 seconds.
- 4. Rinse your hands well under clean, running water.
- 5. Dry your hands using a clean towel.

In the same study, 97 percent of participants did not attempt to wash their hands during the preparation of not-ready-toeat frozen, breaded chicken products. Of those who tried, 95 percent failed to wash their hands properly with all five steps.

Use a Food Thermometer

Although there are cooking instructions on frozen food packages, the only way to know if the food has been thoroughly cooked to a safe internal temperature is to measure it with a food thermometer. Cook not-ready-to-eat frozen foods to the following temperatures:

- Beef, pork, lamb and veal (steaks, roasts and chops): 145 F with a three-minute rest time
- Ground meats (beef, pork, lamb and veal): 160 F
- Poultry (whole or ground): 165 F All ready-to-eat or fully cooked frozen foods should be thoroughly heated to 165 F.

Keep Out of the Danger Zone

After cooking or heating frozen foods, they need to be eaten or refrigerated promptly for safe storage. When foods are in the <u>"Danger Zone" (40 degrees F – 140 degrees F)</u>for too long, bacteria can reach dangerous levels that can cause illness.

- Store food in the refrigerator within two hours after cooking or heating (one hour if over 90 F).
- If packing frozen foods for lunch or to take outside of the home, fully cook or heat the food and then pack with a cold source (such as a frozen gel pack, water bottle, or juice) to keep out of the Danger Zone.
- Leftovers that are handled properly may be safely refrigerated at 40 F up to four days. Use an appliance thermometer to make sure your refrigerator is below 40 F.

For back-to-school food safety questions, call the USDA Meat and Poultry Hotline at 888-MPHotline (888-674-6854) or chat live at <u>ask.usda.gov</u> from 10 a.m. to 6 p.m. EDT, Monday through Friday.



https://www.foodsafetynews.com/

Fallon Foster, M.P.H. County Extension Agent Family & Community Health Orange County



SOUTHEAST TEXAS BEEF SYMPOSIUM

SAVE THE DATE

Thursday, October 28th, 2021 White's Park, Anahuac Texas

SAVE THE DATE 5 Hour CEU Recertification Training

Ford Park Thursday, November 4th 7:30 a.m. to 3:30 p.m.

Pre-registration \$50 Registration at the door \$75 **5 PESTICIDE CEU's (pending TDA approval)**

5 STRUCTURAL PEST CEU's (pending TDA Approval)

**<u>Please check your license to see what CEU's</u>

you need**

REQUIRED 1 HOUR WPS TRAINING OFFERED FOR YOUR SUPERVISED EMPLOYEES

Contact the Jefferson County Extension Office for more Information. 409-835-8461

Pecan trees showing good crop potential

Texas producers expect above-average yields and quality Good rain good for pecan trees from their pecan trees this season, and consumers should expect decent prices for the nut this fall, according to a Texas A&M AgriLife Extension Service expert.

Larry Stein, Ph.D., AgriLife Extension horticulturist, Uvalde, said the pecan crop was progressing well and that early maturing varieties like Pawnee were opening and nearing harvest. Stein said trees were in excellent shape following good spring and summer rains, and pecan nut samples pulled for observation showed good nut fill.

"It's not a limb-breaker of a year, although some producers may disagree, but it looks very good for most producers," he said. "Producers with good management practices avoided pest and disease problems, and it looks to be an ration requireexcellent crop in both quantity and quality."

Pecan trees faring well

The early season rains helped trees, Stein said, but they also presented potential problems. Warm, wet weather was ideal for scab, which can cause lesions on the shucks and interfere with the nut fill process.

Stein said scab was reported in South Texas and other drier areas that rarely deal with the fungal disease. Some pecan varieties - like Western and Wichita - are very susceptible to scab. Susceptible trees and uncontrolled infestations can be a problematic combination for producers.

Light scab infestations cause minimal damage, but heavy infestations can devastate crops. But Stein said most producers stayed on top of it with fungicides.

Producers have also reported heavier infestations of Stein said the trade war with China continues to have stinkbugs, which can cause black spots on the pecan ker- lingering effects on the pecan market. Trade tariffs nel, Stein said. The spots hurt aesthetics, cause a bitter jumped from 17% to 47% during the dispute and remain taste and make marketing pecans more difficult and can at that level. result in lower prices.

However, most commercial producers maintain aggressive monitoring and control regimens for insects like pecan nut casebearer and stinkbugs as well as for diseases, Stein said.

There are typically three generations of pecan nut casebearers producers monitor for each growing season, he said. A moth deposits pecan nut casebearer eggs, and the larvae bore into the nut to feed. They can be the most devastating insect pest to a pecan orchard, so producers monitor moth numbers closely and enact proactive control methods.

"The first generation typically shows up in early to mid-May, and 42 days later we see the second generation, and a lot of orchards will see a third," he said. "But we've not seen any real significant numbers this year, and I think it correlates with how producers stick to their control regimens."

Despite the good crop conditions, Stein said Texas pecan orchards could use a good general rain to help kernel fill. Most commercial orchards are fully irrigated, but the water can only supplement what nature provides.

Below-average temperatures have helped soil moisture levels, conditions but are drying, and irrigation alone is not enough to meet ideal matuments, he said.



"Some orchards have caught a rain here and there, but most have not gotten much rain over the last few weeks," he said. "This is a key time for pecans, and they need water to fill the kernel and to help the shucks open as they swell."

Stein said the tropical storm brewing in the Gulf of Mexico should deliver good rains for many pecan orchards. But there were concerns about heavy winds thinning nut clusters and damaging trees.

Pecan prices better for growers

Early indications show the market will be better for pecan growers than the last few years, Stein said. But consumers should also be able to find decent prices for the nuts, though good pecans will likely fetch top dollar.

Prices have been horrible for commercial growers since Chinese market demand fell, Stein said.

"Retail prices held steady the last few years, and that's been bad for pecan producers," he said. "The tariff really put the quietus on the pecan market.

AgriLife Extension district reporters compiled a summaries for each 12 Texas A&M AgriLife Extension districts. For the summaries visit

https://agrilifetoday.tamu.edu/2021/09/14/pecan-treesshowing-good-crop-potential/

The 6th Annual Michael Hoke Memorial Outdoor Awareness for Kids











Texas Plant Disease Diagnostic Lab



This week's photo (first 2) came from @txextension county agent(CEA) David Graf. It is a pine tree where the canopy looks (and probably is) dead. Story is that this symptom on the pine tree progress from green to brown in about 2 weeks. And there was also an arborvitae that exhibited similar symptoms. My response was. (based on the information provided) - "sounds like possible a root-related type problem likely triggered or mediated by some environmental factor". That is IF you don't happen to find cankers on the affected branch OR physical damage at the base of the symptomatic branch. I also shared the last (3rd) photo, that was taken in 2005 of a tree that suffered a lightning strike. Interesting symptoms. CEA did note that there was no storm in the area for a while. Just FYI - lightning damage symptoms often becomes visible very quickly after the strike (24-72 hours). So put on your sleuthing caps and share what you think might be happening with the pine tree in the photos that the CEA sent to me?

https://www.facebook.com/HarrisCountyHorticulture

EVERYTHING BUT THE OINK No other animal provides a wider range of products than our pigs			
FERTILIZER	GLUE	WATER FILTERS	PEPSIN
UPHOLSTERY	COSMETICS	CHOLESTEROL	PLASTICS
CRAYONS	CORTISONE	PET FOOD	INSULATION
HEART VALVES	INSULIN	PORCELAIN	BUTTONS

GOLDENROD

Is An Important Nectar Source For The Bees!



pollinator friendly yards on facebook

Orange County Food Safety

FSA looks at why people eat food after use-by dates

Research in the United Kingdom has revealed five themes around consumer attitudes and behaviors toward eating food past the use-by date. These include date labeling confusion, treating use-by dates as only a guide, and ingrained behavior.

Thirty people from England, Wales and Northern Ireland took part in two interviews and an app-based diary between March 22 and April 4 to find why they consume food past the use-by date.

The Food Standards Agency (FSA) commissioned Ipsos MORI to <u>look at</u> <u>consumer behavior</u> toward these dates. An evidence review also identified 51 pieces of literature.

Label confusion

A recent FSA study found that 76 percent of adults have knowingly eaten food such as cheese and salad past the use-by date, yet 64 percent said they always check this date before they cook or prepare food. This raises the question why people eat expired food, despite checking the date.

The survey found participants often confused use-by and best-before dates and took a blanket approach to date labels. During the app diary, they frequently shared images of products with best-before dates despite being asked about use-by dates. They also described eating items such as bread and eggs after the use-by, even though these products likely had best-before dates.

People expressed skepticism about the use-by date being an exact cutoff and thought it was more a conservative industry estimate. Personal experience of items going bad before this date or not being ill despite eating expired food reinforced perceptions and undermined consumer trust in it as a safety marker.

Explaining how use-by dates are determined and providing information about the risks associated with specific products could help raise awareness of which products have a use-by date and why, according to the report. Greater consistency in labeling, placement of the date and using larger print could also help increase use-by date identification.

If an item was past the use-by date, respondents used sensory judgements including smell, visual cues, texture and taste to assess whether it was safe to eat. This is despite authorities warning it is not possible to taste, see or smell food poisoning bacteria.



James Scales, Health Inspector Deputy Director Orange County Environmental Health and Code Compliance



Role of experience

Existing habits, routines and assumptions were key. Absence of illness was a signal that it was unlikely to be severe or long-term, with participants assuming any adverse effects would be short term or mild.

Participants had limited understanding of the causes of food poisoning and how this relates to expired food. There was a tendency to associate illness with eating out, rather than food prepared at home, as well as with products such as meat or fish.

> Participants often thought pre-prepared food such as ready meals or cooked meats were less risky to eat after the use-by date as they had already been cooked or treated. Habits for preparing expired food included cooking it at a hotter temperature or for longer, removing moldy or discolored parts, and using items in a larger meal rather than on their own.

Handwashing, cleaning surfaces and keep-

ing food groups separate when storing and preparing meals were regarded as more important than use-by dates.

Experiences from childhood often had an influence on attitudes toward use-by dates. Values around animal welfare, inequality in the global food system and a desire to avoid waste also influenced decisions to eat expired food rather than throw it away.

Participants were influenced by time pressure, access to shops and price of food. They were unwilling to make themselves ill for the cost of food. Instead, they would use their judgement to determine whether this was likely, often finding expired food to be safe.

Respondents highlighted the financial struggles of others but not themselves when asked why people may consume foods beyond the use-by dates.

Focusing on meal planning, shopping lists and checking the fridge before buying items could help people avoid ending up with excess food that is close to or past its use-by date, according to the report.

https://www.foodsafetynews.com/



Fallon Foster, M.P.H. County Extension Agent Family & Community Health Orange County

October one of the most important months for your lawn Michael Potter/Horticulture columnist

October is quickly approaching and is one of the most important months for your lawn. During that time, we typically see the temperatures cool off causing slower grass growth. A weak turf is much more susceptible to winter damage and is much slower to recover in the spring. Now through mid-October is the best time to fertilize. If you only fertilize only once a year, this is the time to do it, along with a few other little chores.

I would suggest using a fertilizer that has a minimum of half of the nitrogen in a slow-release form. Even better if the fertilizer is mostly slow release. This information it located on the fertilizer bag. Just remember not to apply more than 1 pound of actual nitrogen per year. The best thing to do is have your soil tested. This will tell you exactly



what nutrients are needed and in the appropriate amount. You can call our office at 936-539-7824 and we can point you in the right direction for that.

Lower nitrogen rates that are in the slow-release form will provide fertility over a long period of time. The result will be an even growth rate while reducing nitrogen run off and fungal problems. Be sure to check the recommended method of application on the label and take a few minutes to measure your yard so you know how much area you are actually treating. Most people will find that they have better results using too little fertilizer rather than too much.

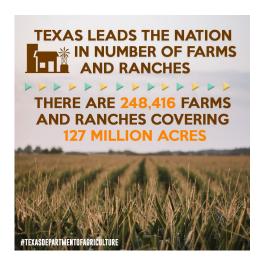
Most annual grasses and weeds that plague lawns in late winter and early spring begin to germinate in October and into November depending on our weather. The best way to stop them in the lawn is to apply a pre-emergent herbicide before the weed seeds start to germinate in October. Of course, if you do not have or experience a high number of weeds in the winter then it is not necessary to use a pre-emergent. Pre-emergent herbicides are chemicals that kill weed seedlings as they germinate. They are ineffective once weeds grow beyond the seedling stage. They should be applied according to the label in a uniform broadcast treatment, followed by at least 1/2 inch of irrigation to move the product into the soil where it is activated.

Post-emergent herbicides are used for weeds which have already emerged. Those can be used later in case you end up missing the boat on a pre-emergent application. Also, be careful not to get herbicides on desirable flowers, shrubs, etc. The chemicals do not know the difference between a weed and a broadleaf ornamental! Most important, read the label first before using the product.

Some people like to over-seed their lawns for year-round green color. Over-seeding should be done from mid-Oct through November using annual or perennial ryegrass. A mix of the two works well also. Plant the seeds at a rate of 5# per 1,000 square feet of lawn. Over-seeding is generally not recommended on St. Augustine lawns. It competes with the grass for sunlight, nutrients and water making it slow to recover in the spring. If your turf is stressed or weak, I would avoid over-seeding because it will only make the problem worse.

Lastly, as we move further into the fall we will likely see flare-ups of Large Patch (aka Brown Patch). The fungus is present year-round. However, we only see the symptoms under certain conditions. The fungus survives through the summer heat and then begins to thrive as temperatures ease in the Fall and Spring (70 degrees of below) and under wet conditions. If you have had this issue before, it is imperative to stay away from high nitrogen fertilizers and reduce your irrigation. In addition, areas that are low-lying tend to be more susceptible to Large Patch. Consider adding about ½ inch of a sandy loam or a compost to the low areas to improve drainage and level them out with the rest of the yard. Adding more than the ½ inch of soil can smother the grass kill it. Hopefully these tips will help strengthen your lawn and keep you worry free in the future.

https://www.yourconroenews.com/



Orange County AgriLife Newsletter



Some parents can't wait for their children to drive; others can't wait for their children to become the household chef.

With teenagers in the home, you can almost put Dinner Tonight on autopilot. If you've raised them in the kitchen, they should have the skills to get dinner on the table! Of course with your supervision, their tasks are almost endless.

Teaching teenagers to balance their day with meal plans and meal preparation while they're at home is a great way to prepare them for college or adulthood.

Margarita Chicken recipe: <u>https://dinnertonight.tamu.edu/</u> <u>recipe/margarita-chicken/</u>

Kids: "What's for Dinner Tonight?" Me: "It's your turn to cook!"

Include kids in the Kitchen! Allow them to help with meal planning and get them involved to make meal preparation faster. Kids age 9-12 are true helpers in the kitchen! The have the ability to take on simple tasks that will speed up the cooking process.

By this age, these kids can become your very own kitchen assistants! Allow them to take on tasks that truly help you in the kitchen. Beef Fajita recipe: <u>https://dinnertonight.tamu.edu/recipe/beef-fajitas/</u>

KIDS IN THE KITCHEN

AGES 9-12 YEARS

- Plan & Prepare Meals

 Cook Side Dishes
- Small Kitchen Appliances
- Basic Knife Skills

DINNER TONIGHT





AGES 6-8 YEARS Practice Following Directions

Read a Recipe
Use Kitchen Gadgets

Collect Ingredients



Recipe Spotlight SKILLET LASAGNA "Can I help?"

Build excitement for meal preparation by giving everyone a job. 6-8 year old's can offer their reading skills and get their hands busy, too!

Their need for independence is growing. Keep an eye for safety, yet give them space.

Skillet Lasagna recipe: <u>https://dinnertonight.tamu.edu/recipe/</u> <u>skillet-lasagna/</u>

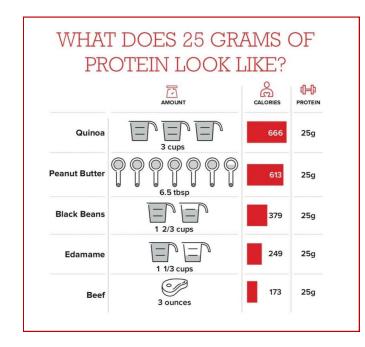
Getting Kids in the kitchen is a great way to spend quality family time!

Allow them to take on responsibilities that allow them freedom and safety!

Speedy Quesadillas: <u>https://dinnertonight.tamu.edu/.../</u> <u>quesadillas-mushroom.../</u>

KIDS IN THE KITCHEN







RealSage Mobile Entertainment, Orange Community Players, Orange Blossom Dancers iponsor: DOW, Friends of the Orange Depot, First Financial Bank, Steirman-Whitfield, JackBuilt Capital Tide, Claybar Funeral Home, CRC Foundation, Carol & Robert Sims, Ironsides





Tuesday - Saturday • October 12th - November 6th • Free Admission!



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AgriLife Orange County 2021 Calendar

OCTOBER

- * 5th, 7th, 12th, 14th & 18th Do Well, Be Well with Diabetes
- * 8th Youth County Fair Project Contest
- * 8th & 9th Orange County Livestock Show
- * 21st Watershed Program
- * 23rd Vegetable Pressure Canning

NOVEMBER

* 4th Food Handlers Certification

- * 9th & 10th Certified Food Managers Certification
- * 20th Wreath Making
- * 25th & 26th Thanksgiving Holiday Ofc Closed

DECEMBER

4th Pressure Canning Meat 23rd, 24th & 27th Christmas Holidays Ofc Closed

Texas A&M AgriLife Extension provides equal opportunities in its programs and employment to all persons, regardless of race, color, sex, religion, national origin, disability, age, genetic information, veteran status, sexual orientation, or gender identity. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.